PCIT Therapist Online Training Activities

Below please find (1) PCIT training activities that can be implemented online to build therapists' knowledge and skills; and (2) a numbered list of the PCIT competencies based on the current PCIT International Therapist Training Requirements (www.PCIT.org). Please note:

1. The suggestions in the asynchronous column are included because they *can* be done in a format that is not live. This does not mean they must be done that way. Many of these topics should also be discussed during live training sessions.
2. The amount of time associated with each activity is an estimate that will vary based on the number of trainees and trainee needs. Different trainers will allot different amounts of time to different activities. If unsure what is appropriate in your circumstances, please discuss with a Global Trainer.
3. The numbers listed under "Competencies" correspond to the competency guidelines (listed at the end). This does not imply that the activity is sufficient to help a therapist meet that competency or to count the competency as "checked off." It means only that the activity will help to build that particular skill.
4. This list is meant to help trainers develop their online training workshops. Please feel free to create your own activities – and let us know what works!
5. These activities are not a replacement for therapy session review. As specified by the PCIT International Therapist Training Requirements, trainers must still check off all trainees on the CDI Teach, CDI Coach, PDI Teach, PDI Coach sessions. Review of the sessions can be done synchronously (live) via remote live consultation or asynchronously (non-live) via review of session recordings.

Note: PPT = PowerPoint presentation. If you do not have one of the PPT presentation topics listed below, please contact your Global Trainer.

Asynchronous Training Activities (all PPTs recorded)			Synchronous Training activities		
Activity	Competencies	Approximate time	Activity	Competencies	Approximate time
PPT: Pre-readiness	18,20-25	1 hour	Introductions	N/A	1 hour
PPT: Assessment	1,2,5	1 hour	Overview of PCIT manuals	7,11,22-25	.5 hours
Video: CDI Teach	6,7,8,9	1 hour	Case presentations/discussion of beginning a PCIT case	21	1 hour
PPT: CDI Coaching	5,6,7,8,9	1 hours	Practice CDI skills and coding (role play)	3,5,6,8	2 hours
Video: CDI Coach 1	3,5,6,7,8,9	1 hour	Live walk through of PCIT space in their clinic	21	1 hour
PPT: DPICS	2,3,4,5	1 hour	Practice CDI skills and coding (with child if possible, if not more role-play)	3,5,6,8	4 hours

PPT: PDI	10-16, 19	1 hour	DPICS role-play	3,5	1.5 hours
Video: PDI Teach	10, 19	1 hour	DPICS practice with videos	3,5	3 hours
PPT: PDI Coaching	11-16, 19	1 hour	DPICS game	3,5	1 hour
Video: PDI Coach 1	11-13	1 hour	Review DPICS workbook quizzes	4	2 hours
PPT: Later Stages of PDI (House Rules/Public Behavior)	14-16, 19	1 hour	CDI coaching activity	3,5,6,8,9	1 hour
PPT: PCIT Research	18	1 hour	CDI coaching role play	3,5,6,8,9	2 hours
	TOTAL	10+ hours	CDI Coaching role play (with child if possible) [3,5,6]	3,5,6,8,9	4 hours
			Jeopardy	1,3,6,9,10,11,12,17,18	1 hour
			PDI demonstration/role-play/blitz	10-12	2 hours
			PDI challenges	10-12	1 hour
			PDI Coaching roleplay (with child if possible)	11-12,16	4 hours
			Skill Check-offs (HR, PB, Explaining PDI to Child)	13,14,15	1 hour
			Review CDI Coaches Quiz	1, 5, 9, 17, 18	1 hour
			Review PDI Coaches Quiz	11, 12, 14, 15, 16, 19	1 hour
				TOTAL	30+ hours

Other ideas					
Asynchronous			**Synchronous**		
Reading the protocol	2, 5, 7, 10-17, 19		Live remote consultation	1,2,3,5,7-25	
Reading the Coding manual	2-5		Case consultation above twice monthly requirement	1,2,3,5,7-10,16-21	
Coding exercises from workbook	2-5		Mock sessions (live)	1, 3, 5, 8, 9, 11, 12, 13, 16, 17, 19	

PPT: Selling PCIT	17, 18	Interactive learning games	depends
PPT: Tailoring and Adapting PCIT	18	Considerations of doing internet-based PCIT (presentation/discussion)	18
PPT: Adaptations	18		
PPT: Beginning a PCIT Case	1, 2, 18		
Weekly quizzes for comprehension	depends		
Mock session (recorded)	1, 3, 5, 8, 9, 11, 12, 13, 16, 17, 19		
CDI Coaches Quiz	1, 5, 9, 17, 18		
PDI Coaches Quiz	11, 12, 14, 15, 16, 19		
Read research articles	18		
Online discussions	depends		
Submitting role play videos of 10-10-10 practice	3, 6		
PPT: iPCIT	18		
Sample ECBI coding activity	1		
PPT: Engagement	8,17,21		
PPT:Dissemination	18,20,21		
PPT: Overview of PCIT	5,6,9,12,18,19		
PPT: CDI	6,7,8,9		

PCIT Therapist Competencies as found in the PCIT International Therapist Training Requirements (www.PCIT.org).

	Assessment
1	Administer, score, and interpret ECBI
2	Administer, score, and interpret pre-treatment DPICS
3	Achieve 80% coding reliability with trainer in 5-minutes of live coding or with a criteria tape using DPICS-IV
4	Achieve 80% on all DPICS-IV Clinical Workbook quizzes
5	Use DPICS to determine in-session coaching goals
	Child Directed Interaction (CDI)
6	Meet parent criteria for CDI skills (10 labeled praise, 10 behavioral descriptions;10 reflections; 3 or fewer criticism, questions, plus commands) in 5-minute interaction with child or 5-minute role play
7	Present CDI-Teach adequately covering all non-optional items on the most recent (i.e., 2011 protocol) treatment integrity checklist.
8	Model CDI skills in all interactions with families
9	Demonstrate CDI Coaching ("adequate and sensitive coaching") per trainer's rating
	Parent Directed Interaction (PDI)
10	Present PDI-Teach adequately covering all non-optional items on the most recent (i.e., 2011 protocol) treatment integrity checklist.
11	Effectively manage a PDI Coach session and accurately demonstrate the discipline sequence with a child during treatment or during role play.
12	Demonstrate adequate and sensitive PDI coaching with actual client via video or live supervision.
13	Explain PDI to child (during training week role-play or in session).
14	Explain House Rules procedure covering all non-optional items (during training role-play or in session)
15	Explain Public Behavior procedure covering all non-optional items (during training role-play or in session)
16	Determine if parent has met PDI criteria using PDI record sheet.
	General

17	Able to effectively structure opening and closing of sessions
18	Determine clients appropriate for PCIT based on age, symptoms, and family dynamic.
19	Determine appropriate clinical guidelines met for graduation.
	Consultation
20	Maintain consultation through successful graduation of 2 cases; 75% attendance 2X month for the necessary number of months, not less than 12
21	Graduate 2 cases as primary therapist or equal co-therapist
22	Have a trainer review CDI-Teach session that demonstrates fidelity and competence
23	Have a trainer review PDI-Teach session that demonstrates fidelity and competence
24	Have a trainer review CDI-Coach session that demonstrates fidelity and competence
25	Have a trainer review PDI-Coach session that demonstrates fidelity and competence