



**PCIT INTERNATIONAL THERAPIST TRAINING – AGENCY READINESS APPLICATION**

<b>Dates:</b>	<p><u><a href="#">PRE-WORK CALL (VIA ZOOM)</a></u>          Wednesday, September 6, 2023 12:00pm-1:00pm Central</p> <p><u><a href="#">LEARNING SESSION 1</a></u>          Thursday, September 28, 2023          Friday, September 29, 2023          Monday, October 2, 2023</p> <p><u><a href="#">LEARNING SESSION 2</a></u>          Friday, November 3, 2023          Monday, November 6, 2023          Tuesday, November 7, 2023</p> <p><b>**Both Learning Sessions and follow-up consultation with session reviews are required portions of the training.**</b></p>
<b>Time:</b>	8:00am – 5:00pm Central daily for learning sessions
<b>Location:</b>	Live, Synchronous Virtual Format (VIA ZOOM)
<b>Cost:</b>	\$1,500 for Nebraska providers, \$4,500 for out-of-state
<b>Application Deadline:</b>	<b>Wednesday, August 23, 2023</b>

Always look for the PCIT International logo for official PCIT International trainings.

**Description**

Parent-Child Interaction Therapy (PCIT) is an internationally-recognized, evidence-based parent management program for families who have children with primary or secondary externalizing behavior problems. The program is unique in comparison to other parent management programs because it involves coaching parents as they interact with their young child (ages 2

years to 6 years, 11 months). There are two phases to PCIT: Child-Directed Interaction (CDI) and Parent-Directed Interaction (PDI).

This clinical workshop serves as an introductory training for mental health providers who are interested in becoming PCIT International Therapists. This professional training includes foundational skills in the PCIT protocol, Dyadic Parent-Child Interaction Coding System (DPICS), and the CDI and PDI phases of treatment. Experiential learning opportunities in coding and coaching techniques will be provided, with a particular emphasis on developing PCIT competencies, coding reliability, and fidelity to the PCIT model.

### Prerequisites

All interested participants must complete the attached **PCIT International Therapist Training Application as well as the PCIT Agency Readiness Application** to confirm eligibility. Please complete the application form **first**. Once your application has been reviewed and you are approved for the training, you will be issued an invoice from Children's Hospital and Medical Center and you will need to submit a check for the full amount of the training. **Payment must be received no later than September 6, 2023.**

\*\*Following successful:

1. receipt of the PCIT International Therapist Training Prerequisite Application
2. receipt of the PCIT Agency Readiness Application (one per agency)
3. payment for the PCIT International Therapist Training

participants will be notified of their acceptance status for the training. \*\*

### Who Should Attend

The intended audience includes clinicians who have a master's degree or higher, or an international equivalent of a master's degree, in a mental health field who are independently licensed mental health service providers, or license-eligible and working under the supervision of a licensed mental health service provider. Alternatively, clinicians may be advanced psychology doctoral students who are conducting clinical work under the supervision of a licensed mental health service provider.

***You must share your video during the entirety of the workshop to attend this training.***

### Content Covered

40 hours of workshop training with a PCIT International Certified Global Trainer and Regional Trainer Candidate covering:

- Implementation procedures, background theory, and research evidence for PCIT.
- The latest advances in PCIT practices, including the PCIT protocol, Dyadic Parent-Child Interaction Coding System (DPICS), and the CDI and PDI phases of treatment.
- Experiential learning opportunities in coding and coaching techniques, with a particular emphasis on developing PCIT skills, coding reliability, and fidelity to the PCIT model.
- Integration of telehealth and diversity, equity, and inclusion practices.

Following the PCIT International Therapist Training, participants receive:

- 12 months of twice monthly, hourly group web-based consultation calls led by a PCIT International Certified Trainer and Regional Trainer Candidate.
- Four (4) live or video reviews of PCIT sessions with written feedback from a PCIT International Certified Trainer.
- Assistance in documenting competencies toward Certification

## Instructional Levels

Beginner and Intermediate

## CME Credits

Children's Hospital & Medical Center is accredited by the Nebraska Medical Association to provide continuing medical education for physicians. Application for CME credit is pending. **Full attendance from the participant is required to receive credit. Video is required to receive credit.**

## Cost

- Total cost is \$4,500\*, consisting of:
    - 6-day on-site virtual workshop, with 40 CME awarded (pending approval). The workshop includes the PCIT Therapy Protocol, the DPICS Clinical Manual, and the DPICS Clinical Workbook necessary to conduct PCIT.
    - Required consultation (twice monthly group consultation for 12 months; 4 live or video session reviews; paperwork preparation for certification).
- \*Cost is subsidized through grant funding for Nebraska providers

**While cancellations and refunds are not available, with notice by 9/14/2023, fees may be applied toward a future training.**

## About the Presenters

**Christina Warner-Metzger, Ph.D.**, hails from Oklahoma State University with a doctorate in Clinical Psychology. Born, raised, and educated throughout parts of the lower Midwest, Dr. Warner-Metzger has a keen interest in expanding access to rural mental health care. True to her organization's motto of *Doing good and doing it well*<sup>TM</sup>, Dr. Warner-Metzger founded Evidence-based Practices and International Consulting (EPIC), LLC, to promote increased accessibility and excellence in professional training, consultation, and program development within the mental health and wellness sector. With a focus on training culturally humble and socially responsible professionals, she has directed the Parent-Child Interaction Therapy (PCIT) and early childhood assessment service and training clinics at university-affiliated medical and community mental health organizations. She is 1 of 21 PCIT International Certified Global Trainers worldwide and a Child-Adult Relationship Enhancement (CARE) co-developer, which provides her with clinical expertise in PCIT and CARE training and dissemination. Dr. Warner-Metzger is also the co-developer of Trauma-Directed Interaction (TDI), an adaption to PCIT which addresses intergenerational trauma. She has served as a trainer and consultant for dissemination and learning collaborative efforts across the United States, as well as Indonesia, Australia, and Moldova. Her contributions as an expert trainer and consultant on institutional, regional, federal, and international grant-funded projects has spanned the greater part of the past decade. Dr. Warner-Metzger's clinical and research interests include Autism Spectrum Disorders (ASD), developmental disabilities, disruptive behavior disorders, trauma-informed systems, underserved populations, barriers to treatment participation, and dissemination efforts. She has contributed to these topics through numerous peer-reviewed and invited presentations at national and international conferences, as well as authored peer-reviewed journal articles, government publications, and edited book chapters.

**Lynne Clure, Ph.D.**, is a pediatric psychologist at Children's Hospital and Medical Center in Omaha, NE. She completed her PhD in school psychology at the University of Nebraska-Lincoln and a pre-doctoral internship at St. Jude Children's Research Hospital through the University of Tennessee Professional Psychology Internship Consortium. During internship, Dr. Clure was trained as a PCIT International Certified Therapist. She is now a Within-Agency Trainer for PCIT

International and actively supervises graduate student externs and post-doctoral fellows. She is currently a candidate for Regional Trainer with PCIT International. Dr. Clure provides assessment and therapy services for a range of childhood problems, is also involved in several medical specialty clinics, including the neuro-oncology and oncology survivorship clinics, and is currently the clinical director for the multidisciplinary Autism diagnostic clinic.

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## Objectives

[https://bit.ly/PCIT-TherapistTraining\\_Objectives](https://bit.ly/PCIT-TherapistTraining_Objectives)

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## INFORMATIONAL VIDEO

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Training Preparation Information

Watch a 4-minute PCIT demonstration video with caregiver testimonials:

[https://bit.ly/PCIT\\_DemoVideo](https://bit.ly/PCIT_DemoVideo)

Also, read the following resources regarding preparation for a PCIT practice:

[https://bit.ly/PCIT\\_Set-Up\\_ToysTechTO](https://bit.ly/PCIT_Set-Up_ToysTechTO)

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If you are new to the concept of PCIT, we highly encourage you to contact Dr. Lynne Clure at [lclure@childrensomaha.org](mailto:lclure@childrensomaha.org) to schedule a brief phone consultation *before* initiating submission of the PCIT International Therapist Training Application. This will assist you in determining if PCIT is a good fit for your practice.

You will need to complete the full **PCIT International Therapist Training Application and Agency Readiness Application (one per agency) and submit via email by the application deadline.**

**All applications and supporting material must be submitted to Dr. Lynne Clure at [lclure@childrensomaha.org](mailto:lclure@childrensomaha.org). You will receive a confirmation of receipt and will be notified after review of your acceptance to this training.**

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### **Please Note:**

The PCIT International Therapist Training process and PCIT International Certification process are *separate*. While the training provided by Dr. Warner-Metzger (PCIT International Certified Global Trainer) and Dr. Lynne Clure (PCIT International Certified Within Agency Trainer, Regional Trainer Candidate) is consistent with eligibility guidelines to apply for PCIT International Therapist Certification, the training alone does not constitute Certification. At the

successful completion of PCIT International Therapist Training, the provider must apply to PCIT International for Certification. While a brief overview is provided below, please refer to [www.pcit.org](http://www.pcit.org) for complete information.

**PCIT International Certified Therapists** are individuals who have received appropriate and sufficient PCIT International training to be qualified to provide PCIT services to children and families.

**Process:**

Please note the process for becoming a PCIT International Certified Therapist has multiple steps to demonstrate competence as a PCIT International Therapist, summarized as follows:

1. Upon completion of PCIT International Therapist Basic and Consultation Training, an applicant for Certified PCIT Therapist status must complete the Certified PCIT Therapist Application (available from PCIT International Certified Trainers or at [www.pcit.org](http://www.pcit.org))
2. Following acceptance of the Certified PCIT Therapist Application, the applicant must successfully complete the PCIT Certification Experience which reviews concepts covered in Basic and Continuation Training.
3. Final decisions about certification of PCIT Therapists will be made by PCIT International.

**\*\*To successfully complete the process to become a PCIT International Certified Therapist, applicants must *demonstrate competence* in core areas of the PCIT International protocol and implementation. PCIT International reserves the right to deny certification to any individual if minimum standards of competence are not met and appropriately documented, as outlined in the [Training Requirements for Certification as a PCIT Therapist](#).\*\***

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INITIAL ACKNOWLEDGEMENTS

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I acknowledge I have read and understand the requirements for the **PCIT technology and supplies** that will be necessary to implement PCIT in my practice:

Yes

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I acknowledge I have read and understand the **calm down chair and calm down room** are integral parts of the second stage of the PCIT protocol. I further agree to use the calm down procedure to fidelity as instructed during the PCIT International Therapist Training and Consultation:

Yes

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I acknowledge my virtual attendance for the scheduled dates and times for the PreWork Call, Learning Session 1, and Learning Session 2 is required, and I have made arrangements to **attend these training activities in their entirety:**

Yes

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I acknowledge I have read the introductory information regarding the **differences between PCIT International Therapist Training and PCIT International Therapist Certification**. While I understand PCIT International Therapist Training may lead to Certification, I also understand PCIT International Therapist Training does not *constitute* Certification:

Yes

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IDENTIFYING INFORMATION OF **PERSON COMPLETING THIS FORM**

- First Name \_\_\_\_\_
  - Last Name \_\_\_\_\_
  - Preferred Name \_\_\_\_\_
  - Credentials (Ph.D., Psy.D., LCSW, etc.) \_\_\_\_\_
  - Agency/Institution \_\_\_\_\_
  - Street Address \_\_\_\_\_
  - City \_\_\_\_\_
  - State \_\_\_\_\_
  - Zipcode \_\_\_\_\_
  - Phone Number \_\_\_\_\_
  - Email \_\_\_\_\_
  - Verify Email \_\_\_\_\_
  - Years of Clinical Practice \_\_\_\_\_
  - Years at Current Agency \_\_\_\_\_
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Pronouns (please check all that apply to your identity) for **PERSON COMPLETING THIS FORM**:

She/Her/Hers

He/Him/His

They/Them/Theirs

Ze/Hir/Hirs

Other \_\_\_\_\_

---

Name prefix for **PERSON COMPLETING THIS FORM**:

Ms.

Mr.

Mrs.

Mx.

Dr.

Other \_\_\_\_\_

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IDENTIFYING INFORMATION OF **THERAPISTS** ATTENDING THE PCIT INTERNATIONAL THERAPIST TRAINING

Person 1 (First, Last, Credentials)

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Person 2 (First, Last, Credentials)

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Person 3 (First, Last, Credentials)

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Person 4 (First, Last, Credentials)

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Person 5 (First, Last, Credentials)

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Person 6 (First, Last, Credentials)

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Person 7 (First, Last, Credentials)

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Person 8 (First, Last, Credentials)

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Person 9 (First, Last, Credentials)

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Person 10 (First, Last, Credentials)

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Person 11 (First, Last, Credentials)

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Person 12 (First, Last, Credentials)

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IDENTIFYING INFORMATION OF **ADMINISTRATORS** ATTENDING THE INTRODUCTION TO PCIT (held the morning of the first day of training):

Person 1 (First, Last, Credentials)

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Person 2 (First, Last, Credentials)

\_\_\_\_\_

Person 3 (First, Last, Credentials)

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Person 4 (First, Last, Credentials)

\_\_\_\_\_

Person 5 (First, Last, Credentials)

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AGENCY READINESS ASSESSMENT

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Briefly describe your **agency** (numbers may be estimated):

Type of Organization \_\_\_\_\_

Size of Clinical Staff \_\_\_\_\_

Size of Support Staff \_\_\_\_\_

Types of Services Provided (i.e., outpatient, residential, in-home, etc.)

\_\_\_\_\_

Number of Years in Operation \_\_\_\_\_

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Briefly describe the **population** your agency served in the **past year** (ESTIMATED numbers are acceptable; do not have to be exact):

Number (#) of Children Age 2y - 6y

\_\_\_\_\_

Number (#) of Child Protective Services / Child Welfare Cases Served

\_\_\_\_\_

Types of Insurance Your Agency Accepts (e.g., Medicaid, BCBS, self-pay, sliding scale, etc.) \_\_\_\_\_

Types of Family Placements You Primarily Serve (e.g., biological/relative caregivers, fostercare, pre-adoptive/adoptive, residential, etc.)

\_\_\_\_\_

Identify the percent (%) Ethnic Composition of the Population Served (e.g., % Caucasian, % African American, % Latino, % Asian, % Native American, etc.)

\_\_\_\_\_

Identify the Percent (%) of the Population Served Who Speak a Language \*Other Than\* English \_\_\_\_\_

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What other information should we know about the population you serve? \_\_\_\_\_

\_\_\_\_\_

Briefly describe your **referral flow** to support PCIT at your agency:

What are the primary referral concerns you receive?

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Who are your key referral sources?

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Approximately how many (#) children per MONTH age 2y - 6y with primary or secondary disruptive behavior problems are referred to your agency?

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What percentage (%) of children are referred to your agency specifically for parent- or discipline-training and/or behavior management?

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What percentage (%) of the children you serve receive outpatient therapy?

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What percent (%) of the population you serve CURRENTLY receives telehealth?

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What percent (%) of the population you serve IDEALLY would receive telehealth long-term (e.g., after the pandemic)?

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What **barriers** to successful treatment attendance, participation and completion do your clients have? (Check ALL that apply)

- Transportation
- Medical Problems
- Financial Difficulties
- Unstable Housing
- Work Schedule
- Childcare for Siblings
- Court/Legal Involvement
- Substance Use
- School Activities
- Other (Explain in section below)

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Explain your plan to **address barriers** to treatment participation, including identifying other barriers in addition to the ones listed above:

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How do you plan to **recruit, screen, and identify potential clients** appropriate for PCIT?

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How do you currently assess clinical history and track **clinical changes** for PCIT clients?

	Yes	No
Does your agency use standardized assessments to screen youth and to assess clinical outcomes?	<input type="radio"/>	<input type="radio"/>
Does your agency agree to conduct the assessments used as part of the PCIT model (i.e., ECBI, DPICS) for each child prior to, during, and following the intervention?	<input type="radio"/>	<input type="radio"/>
Does your agency agree to incorporate an additional assessment if requested by the trainer?	<input type="radio"/>	<input type="radio"/>

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Describe the **treatment data** you will collect for PCIT clients and who will be responsible for coordinating the **data collection**:

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Describe how you plan to provide an appropriate **ON-SITE clinical space** to conduct PCIT, in particular:

What will you use for a therapy room for PCIT clients, including the size of the room and furniture? \_\_\_\_\_

What will you use for a calm down room?  
\_\_\_\_\_

What technology will clinicians use to observe PCIT clients (e.g., observation room, video monitor, etc.)? \_\_\_\_\_

What bug-in-the-ear device will clinician use to coach caregivers?  
\_\_\_\_\_

List the toys that are available for use in PCIT and how they will be stored.  
\_\_\_\_\_

What do you anticipate will be the total cost to implement appropriate and sustainable PCIT technology and equipment in your facility?  
\_\_\_\_\_

Is your agency willing to provide clinicians with a camera to record sessions for the required session video review (4 key sessions) (Yes/No):  
\_\_\_\_\_

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Describe how you plan to provide an appropriate **TELEHEALTH** set-up to conduct PCIT, in particular (enter N/A on each line if you do not plan to conduct telehealth sessions):

What technology will clinicians use to conduct telehealth with PCIT clients (e.g., Zoom, GoToMeeting, Microsoft Teams, DoxyMe, etc.)?  
\_\_\_\_\_

What bug-in-the-ear device will clinician use to coach caregivers?  
\_\_\_\_\_

How will you assist families who do not possess the appropriate PCIT toys for telehealth sessions? \_\_\_\_\_

What do you anticipate will be the total cost to implement appropriate and sustainable PCIT technology and equipment for telehealth?  
\_\_\_\_\_

Is your agency willing to allow clinicians to gain permission from their clients for a trainer to observe live for the required session review (one CDI Coach and one PDI Coach session) (Yes/No): \_\_\_\_\_

Does your telehealth platform allow for more than one clinician (i.e., trainee therapist and PCIT International Certified Trainer) to login simultaneously?  
\_\_\_\_\_

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If your agency is selected to participate in the PCIT International Therapist Training, will the above listed PCIT equipment and facilities be purchased and installed by the first published date of training?

Yes

No

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Describe how your agency will **support** clinicians in their endeavors to become PCIT Therapists, specifically:

	Yes	No
Will your agency provide clinicians with protected time to attend twice monthly, hourly consultation calls (clinicians must attend 75% of the calls to meet competency):	<input type="radio"/>	<input type="radio"/>
Will your agency provide at least one administrator with protected time to attend an hour consultation call with clinicians at least once quarterly to track clinician progress and troubleshoot barriers to implementation?	<input type="radio"/>	<input type="radio"/>
Consultation calls will occur via a web-based conferencing system. Is your agency willing to provide you with a web-camera for the required video-conferencing and participation in the twice monthly consultation calls?	<input type="radio"/>	<input type="radio"/>
Training to become a PCIT International Therapist requires the applicant to gain case experience by actively implementing PCIT with at least 2 clients to graduation criteria. Will your agency provide you with the necessary 2-4 cases (minimum caseload recommended) to complete this portion of the Therapist Training?	<input type="radio"/>	<input type="radio"/>
Will your agency allow clinicians to schedule PCIT clients for weekly sessions?	<input type="radio"/>	<input type="radio"/>
Training to become a PCIT International Therapist requires the trainer to review videos of the therapist conducting sessions. Does your agency agree, with appropriate consents from the clients and according to your agency's policies, to share videos of sessions with the trainer or allow a trainer to login into a live session for the purposes of meeting PCIT International Therapist competencies?	<input type="radio"/>	<input type="radio"/>

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Describe any previous experience your agency has with manualized treatments and/or **evidence-based practices**:

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Describe how your agency will work to ensure that PCIT takes hold and continues to be implemented with sufficient **fidelity** beyond the PCIT Therapist Training (e.g., youth continue to be screened and evaluated using standardized assessments, PCIT required assessment continues to be available, etc.).

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There are many areas that may pose a challenge when implementing PCIT, such as meeting billable/academic expectations while training in PCIT, securing funding for PCIT technology, establishing a steady referral flow, developing an agency culture that supports a PCIT practice (e.g., accepts that children may yell or scream during sessions), etc. **Identify the key challenges or barriers** you face in the **implementation of PCIT**. Further, describe your plan to overcome these barriers.

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Please list 3 challenging client issues or implementation difficulties your clinicians and agency hope to have addressed during the PCIT International Therapist Training:

Challenging Issue 1 \_\_\_\_\_

Challenging Issue 2 \_\_\_\_\_

Challenging Issue 3 \_\_\_\_\_

ACKNOWLEDGMENTS/ATTESTATION

I acknowledge the following:

	Yes	No
1. I understand that following completion of the Therapist 40-Hour Training, clinicians must successfully complete the necessary supervision/consultation as outlined in the PCIT International Training Requirements for Certification as a PCIT Therapist before they may be considered eligible to apply for PCIT International Therapist Certification.	<input type="radio"/>	<input type="radio"/>
2. I understand that due to limitations in the language fluency of the PCIT International Trainers overseeing the PCIT International Therapist Training, the four (4) required session reviews for the PCIT International Therapist competency must be delivered in English to complete this PCIT International Therapist Training.	<input type="radio"/>	<input type="radio"/>
3. I understand that completion of this PCIT Agency Readiness Application is not a guarantee our agency will be admitted to the PCIT International Therapist Training, or that our clinicians will become eligible for PCIT International Therapist Certification.	<input type="radio"/>	<input type="radio"/>
4. I understand that final decisions about Certification of PCIT International Therapists will be made by PCIT International Board of Directors.	<input type="radio"/>	<input type="radio"/>

**On behalf of my agency, I attest that the information I have provided herein this application and accompanying materials is a true and accurate representation of our experiences and abilities.**

(Insert electronic signature)

This completes the basic PCIT Therapist Training - Agency Readiness Application.

**YOUR NEXT STEPS:**

You will receive an email confirmation when your application is fully submitted. If you have not received a confirmation email within two business days, please send an email to [lclure@childrensomaha.org](mailto:lclure@childrensomaha.org) to inquire as on rare occasions large attachments have been inadvertently blocked by the email server. Once your application has been reviewed and approved, you will be issued an invoice. The fee must be paid for your registration to be complete.