



Training Requirements for Certification as a Regional Trainer

These requirements were developed by the PCIT International Training Task Force in collaboration with the PCIT International Board of Directors. This document should be considered “dynamic” in that the training and certification requirements will evolve as new research arises in intervention, training, and dissemination. These requirements represent what PCIT experts consider to be the minimum training and skill qualifications necessary for a Regional Trainer.

I. Scope and Limitations of Regional Trainers

A. Regional Trainers are individuals who have met all of the PCIT International requirements for being a certified PCIT Therapist, a Within Agency Trainer, and are deemed qualified to teach and supervise therapists internal and external to their own program or agency. However, when training therapists outside of their own program or agency, Regional Trainers are limited to training within their geographic region.

B. Regional Trainers are approved to conduct the training and consultation of:

1. Individuals who have a master’s degree or higher in a mental health field **AND** who are independently licensed as a mental health service provider (for _____example, licensed psychologist, licensed psychiatrist, licensed marital and family therapist, licensed practicing counselor, licensed clinical social worker, etc.) **OR** who are working under the supervision of a licensed mental health service provider.
2. Graduate-level students seeking a master’s degree or higher in a mental health field (counseling psychology, clinical psychology, social work, etc.).
3. Psychology doctoral students on pre-doctoral internship, psychology trainees completing postdoctoral fellowship, or psychiatry residents who are treating families under the supervision of the pre-doctoral internship or postdoctoral site.

C. Regional Trainers must limit their training and consultation to individuals and programs within their named geographic region determined at the time of certification. Geographic region is typically defined as a state or a metropolitan area.

D. Unless assisting a Global Trainer, Regional Trainers may not train individuals outside of their predetermined geographic region.



- E. Regional Trainers may train certified PCIT Therapists within their geographic region to become Within Agency Trainers, but they may not train other Regional Trainers unless they are assisting a Global Trainer.

II. Training Requirements of Regional Trainers

To apply for status as a Regional Trainer, an applicant must meet the following requirements:

A. Graduate Education

- 1. Be an independently licensed mental health service provider (for example, licensed psychologist, licensed marital and family therapist, licensed practicing counselor, licensed clinical social worker, etc.).

AND

- 2. Hold a doctoral or master's degree in a mental health field (counseling psychology, clinical psychology, social work, etc.)

B. Case and Training Experience

1. Caseload Requirement

- a. The Regional Trainer applicant must have served as a primary therapist (i.e., lead therapist, equal co-therapist, or live supervisor for 90% of sessions) for a minimum of 20 PCIT cases to graduation criteria as defined by the 2011 PCIT Protocol.

2. Training Experience

- a. The Regional Trainer applicant must have significant experience in training as evidenced by completing all of the following requirements:
 - i. Experience as a trainer for at least ten new therapists who are eligible for certification as a PCIT Therapist. This includes therapists trained in conjunction with a global trainer.
 - ii. Experience training therapists as a certified trainer for at least two Basic Trainings (40 hours) conducted by two separate Global Trainers and experience providing continued consultation to trainees. During these trainings, the applicant must take a co-trainer role throughout the entirety of the training exhibit and expertise in co-leading all small group activities. The candidate must exhibit expertise in presenting the following didactic information: Structure of CDI (PRIDE skills, avoid skills, selective attention); CDI Coaching; PDI Sequence; PDI Coaching; DPICS
 - iii. Co-lead one Basic Training consultation call series with a Certified Global Trainer or Regional Trainer for the required 12 months



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- iv. Co-Lead one Basic Training consultation call series under consultation of Global Trainer or Regional Trainer (can begin after 4 months of coleading call)
 - v. Experience training Within Agency applicants as a training assistant for at least one Initial Within Agency Trainer training conducted by a Regional or Global Trainer and experience providing continued consultation to trainees.
 - vi. Experience co-leading one cohort of Within Agency Trainer calls with a Regional or Global Trainer
3. Active Therapeutic Involvement Requirement
 - a. The Regional Trainer applicant must provide PCIT supervision/consultation or direct care of at least 5 PCIT cases annually.
 4. Evidence of Active Involvement in the PCIT Community
 1. Regional applicants must have a documented history of at least 7 years of active involvement in the PCIT community.
 2. Regional applicants must have at least 3 PCIT publications or presentations at state, national or international PCIT conferences.
 5. Competency Requirements
 1. Application and Site Visit
 - a. Applicants must first complete the Regional application, documenting their completion of all of the guidelines with supporting documentation. If the initial application for Regional Trainer is approved by PCIT International, a Global Trainer site visitor from an institution independent from that of the Regional Trainer applicant and who has not previously trained the applicant will be assigned by PCIT International. The Regional Trainer applicant must arrange the site visit with the assigned visitor. An additional independent Global Trainer or Regional Trainer will be assigned to serve as an off-site reviewer of the applicant's documentation.
 - b. The applicant is expected to cover the travel costs of the Global Trainer for the site visit. An honorarium of at least \$1,000 for the site visitor is customary.
 - c. Completing the application process, including the site visit, does not guarantee that the applicant will meet the requirements for Regional Trainer status.
 6. Ongoing Consultation with a Global Trainer
 1. During the first year of practice as a Regional Trainer, the Regional Trainer should engage in monthly consultation calls with a Global Trainer.
 2. After the first year of practice, the Regional Trainer must consult with a Global Trainer at least once every 6 months throughout each 2-year certification period and



provide an update on current training activities and an overview of training curriculum.

3. The Regional Trainer is responsible for scheduling the consultation with a Global Trainer and failure to do so may result in removal of Regional Trainer certification.

F. Regional Trainer Applicant should demonstrate competence in:

1. Attending to core elements of the 2011 PCIT Protocol and commitment to treatment fidelity.
2. Ability to structure training that is conducive to effective learning (e.g. balance of didactics and skill rehearsal, establish rapport with trainees, attention to principles of adult learning).
3. Effective use of a Code the Coach system and ability to teach it to Within Agency trainees.
4. Excellence in checking and tracking trainee competencies.
5. Accurate calculation of DPICS reliability with their trainees.
6. Communicating PCIT International certification procedures.
7. Effectively problem solving challenging PCIT coaching situations during training and consultation calls.
8. Effectively communicating the importance of PCIT fidelity.
9. Maintaining a working alliance with trainees through sensitive and effective methods of training and consultation.
10. Guiding their trainees to meet PCIT International certification requirements.

III. Application Requirements

- A. The Regional Trainer applicant must be a certified PCIT Therapist *before* being eligible to apply for status as a Within Agency Trainer.
- B. Subsequently, the applicant must be a Certified Within Agency Trainer for at least 3 years *before* being eligible to apply for status as a Regional Trainer.
- C. The Regional Trainer applicant must also submit letters of endorsement to PCIT International from two Global Trainers who co-trained with the applicant. Letters of endorsement should provide evidence of competence in training other PCIT



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Therapists and/or Within Agency Trainers with competence in core elements and commitment to treatment fidelity.

- D. Final decisions about certification of Regional Trainers will be made by the PCIT International Board of Directors.

IV. Responsibilities of Certified Regional Trainers

- A. Follow the most current PCIT Training Requirements in the training of PCIT Therapists and Within Agency Trainers. The Training Requirements are disseminated by the PCIT International Training Task Force and posted on the PCIT International website (www.pcit.org.)
- B. Train PCIT Therapists using the 2011 PCIT Protocol and 2013 Clinical Manual for DPICS-IV as disseminated by PCIT International.
- C. Provide guidance to trainees throughout the continuation training and consultation period.
- D. Remain active in PCIT service delivery either by providing PCIT to families directly or by providing supervision/consultation to PCIT Therapists and Within Agency Trainers.
- E. Promote PCIT to both professional and lay communities.
- F. Remain current in PCIT research through activities such as attending conferences, coleading a face-to-face Initial Training for PCIT Therapists or Within Agency Trainer Course led by a Global Trainer, conducting PCIT research, presenting research at conferences, and publishing articles.
- G. Regional Trainers are required to obtain at least 12 hours of PCIT Continuing Education credit every 2 years through educational activities sponsored by the PCIT International Task Force on Continuing Education. PCIT International is an APA approved CE sponsor and provides continuing PCIT education through its online educational and conference programming.

V. Maintaining Certification

- A. Certification Period: Regional Trainers are certified for 2 years from the beginning date listed on their PCIT Regional Trainer Certificate.
- B. Re-Certification: Certification as a PCIT Regional Trainer is renewable every 2 years. To renew, Regional Trainers must submit a brief application for re-certification and document successful completion of 12 hours of PCIT Continuing Education in programs of learning that have been preauthorized by PCIT International. Additionally, consultation with a Global Trainer must be maintained at least once every 6 months throughout a Regional Trainer's tenure.



VI. Special Exemptions

These Regional training guidelines are in effect in North America. In order to promote global dissemination, the PCIT International Board of Directors may waive certain requirements for Regional applicants outside of North America.

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