

# PCIT Within-Agency Trainer Workshop

## Fully Virtual: March 25-26, 2021

*An 8-hour training for Certified PCIT therapists wanting to become PCIT trainers. Training includes 1 year of consultation & all requirements to become a certified Within-Agency (Level-1) PCIT trainer. 8 APA CEs pending approval from PCIT Int'l.*



Dates: Thursday & Friday March 25-26, 2021



Time: 12:30pm-5:00pm Eastern Standard Time



Location: Fully virtual on Zoom



Cost: \$1,400 (for 8hr training, CE's, 1yr consultation, & 4 session reviews)



Contact: Reesa Donnelly at [donnelyr@gmail.com](mailto:donnelyr@gmail.com) or 352-216-4579

## Trainer Details



Reesa Donnelly, Ph.D., is a licensed psychologist, PCIT Int'l Certified Global Trainer, and member of the PCIT Policy & Advocacy Task Force. She is a mother of 2 and has over 13 years of experience as a PCIT therapist/trainer.



Rana Hong, Ph.D., LCSW, RPT-S, is a PCIT Int'l Certified Within-Agency Trainer & Research Assistant Professor at Loyola University Chicago. She has nearly 8yrs of experience as a PCIT Therapist/Trainer & nearly 20 years of clinical experience in working with children and adolescents.



Dr. Reesa Donnelly Inc.



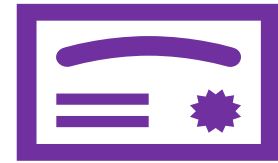
## Pre-Requisites for Training:



Certification as a PCIT therapist by PCIT Int'l prior to training



PCIT Set up at your agency (Toys, bug-in-ear, 1-way mirror)



Master's Degree in a Mental Health field & Licensure (or supervision from a licensed therapist)

## Course Fees & Registration:



### Course fees:

\$1,400 per person for the 8hr workshop, CE's, training materials, 4 session reviews, & 1yr consultation.

The fee is due 30 days prior to training.



### Not Included:

Application for certification with PCIT Int'l is not covered (currently \$90)

If >4 session reviews or >12 months are needed for competency, addit'l fees of \$150/hr apply



### Registration:

Your training spot is held after you pay the training fee & submit registration form.

A courtesy consultation is offered prior to registering to answer ?s.



### Cancellations:

If a cancellation is made >30 days prior to training, a 75% refund will be issued. For emergencies <30 days from training, no refund will be given but 75% of the fee may be applied to a future training.

## Requirements for Training Days:



You must be visible throughout training on Zoom (as if in person)



100% attendance is required for CE's & for Certification as a Trainer



You will complete an Eval Form about training to receive CE's

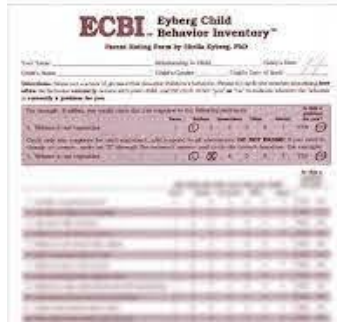


There will be 30min of homework on Day 1

## Training Year Requirements:



You must identify 1 Trainee for PCIT training (Max 3 Trainees)



Ongoing purchase of ECBI's  
<https://www.parinc.com/products/pkey/97>



Ongoing PCIT caseload of ≥5 cases per trainee



1 year of Monthly Consultation by Zoom & Review of Sessions/Training



Supervise 1 trainee to complete all skill requirements & graduate 1 PCIT case



2hrs weekly prep & Supervision (for both trainer & Trainee)



2hrs Weekly Co-Therapy (for both in 1st 6mo)



1hr Monthly Consultation by Zoom (for trainer)



5+hrs for 5 PCIT cases per week (for trainee)

Weekly time for Trainer (5hrs) & Trainee (5-8hrs) to engage in training

**Please note:** Applications for certification are submitted to PCIT Int'l after the training process is complete. Final decisions about certification will be made by the PCIT Int'l Board of Directors. Additional information about the training requirements can be found at <http://www.pcit.org/trainer-requirements.html>.

### EDUCATIONAL OBJECTIVES:

At the conclusion of training, participants should be able to:

1. Assess therapist competencies (DPICS coding reliability, CDI competency, PDI competency, case graduation, and attendance in didactics and consultation) and track them via a training tracker,
2. Effectively score an integrity checklist to ensure fidelity to the PCIT protocol,
3. List 2 different schedules for structuring a therapist training,
4. Demonstrate effective consultation and feedback to a trainee.

## SYLLABUS: Agenda for PCIT Level 1 Training Workshop

**Thursday March 25, 2021** (Note: break times are approximate & may vary based on prior discussions/Q&A)

Event	Allotted Time	Concept	Materials Needed & Activity Description
Greetings & Review of Training Guidelines	45min 12:30-1:15	Knowing the destination	<b>Materials:</b> PPT; Training Guidelines x 2. <b>Activity:</b> Didactic presentation.
Setting the Tone & Culture of Training	25min 1:15-1:40	Picking the Radio Station	<b>Materials:</b> PPT; <b>Activity:</b> My Story & Your Story
Pre – Readiness	20 min 1:40-2:00	Packing for the trip	<b>Materials:</b> PPT; Trainee contract <b>Activity:</b> Didactic presentation.
Break	2:00-2:15		
Structuring Training & Didactics	30 min 2:15-2:45	Planning the route	<b>Materials:</b> PPT; Example Training schedules <b>Activity:</b> Didactic presentation
Teaching DPICS & Calculating Reliability	45 min 2:45-3:30	GPS tracking	<b>Materials:</b> PPT; Coding Sheets; DPICS Formula; <b>Activity:</b> Code Videos, calculate reliability
Break	3:30-3:45		
Chart Review	15 min 3:45-4:00	Assessing are we there yet?	<b>Materials:</b> A-Fidelity Chart Review; Faux File. <b>Activity:</b> Check file for fidelity.
Introduction to Code the Coach	1 hour 4:00-5:00	Assessing are we there yet?	<b>Materials:</b> COACH Coding PPT. <b>Activity:</b> Review coding system; code COACH. <b>Homework:</b> Read COACH manual

**Friday March 26, 2021** (Note: break times are approximate & may vary based on prior discussions/Q&A)

Event	Allotted Time	Concept	Materials Needed & Activity Description
Code the Coach review	30 min 12:30-1:00	Assessing are we there yet?	<b>Materials:</b> COACH coding videos <b>Activity:</b> Review COACH hw, practice COACH coding
How to Teach Coaching	1 hour 1:00-2:00	How to steer the bus	<b>Materials:</b> PPT; Coaching video <b>Activity:</b> Didactics; role play coaching exercises.
Break	2:00-2:15		
Cultural Competence	30 min 2:15-2:45	Adjusting the seat & headrest to fit	<b>Materials:</b> PPT. <b>Activity:</b> Your family meal
How to Provide Feedback	45 min 2:45-3:30	How to steer the bus	<b>Materials:</b> PPT. <b>Activity:</b> Practice Feedbk Sandwich; Solve vignettes
Break	3:30-3:45		
PCIT Fidelity	15 min 3:45-4:00	Keep it between the lines	<b>Materials:</b> PPT. <b>Activity:</b> Solve scenarios and explain rationale.
Additional Resources	30 min 4:00-4:30	Photos of your trip & souvenirs	<b>Materials:</b> PPT; Parent guilt free.mp4; Rsch Articles; Cert letter; PCIT Int'l store, ibook, <b>Activity:</b> Tour the resources
<b>Next steps, Q&amp;A</b> (Evals before leaving)	<b>4:30-5:00</b>	Ask your tour guide	<b>Activity:</b> Ask any questions, organize what you've learned, plan consultation on your calendar <b>Materials:</b> <b>Eval Forms; Certificates of Attendance</b>

# The Fine Print:

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## PRESENTERS:

Reesa Donnelly, Ph.D., PCIT International Certified Global Trainer  
Contact information: [donnellyr@gmail.com](mailto:donnellyr@gmail.com)  
Affiliated Agency: Dr. Reesa Donnelly Inc.

Dr. Donnelly's clinical work focuses on families with young children experiencing behavior problems, with a specialization in Parent-Child Interaction Therapy and Cognitive Behavioral Therapies. She served as research coordinator for an R01 research grant investigating PCIT for children with ADHD. She has served in leadership roles for Parent-Child Interaction Therapy (Chair of Continuing Education Task Force, Ad Hoc member of the Advisory Board, member of the Policy and Advocacy Task Force, and Convention coordinator for the 2011 PCIT convention). She is trained in adaptations of PCIT including PCIT-Toddler, PCIT-CALM (Coaching Approach behavior and Leading by Modeling), CARE (Child-Adult Relationship Enhancement), and CARE in the Classroom.

Rana Hong, Ph.D., LCSW, RPT-S, PCIT Int'l Certified Within-Agency Trainer  
Affiliated Agency: Loyola University, Chicago

Dr. Hong is a PCIT Int'l Certified Within Agency Trainer who has worked with children and families with issues of attachment, trauma, and emotional dysregulation. She has over 20 years of clinical experience. She is a Registered Play Therapy Supervisor, Certified EMDR Therapist, and Certified Theraplay Practitioner, Supervisor, and Trainer.

## DETAILED PROGRAM DESCRIPTION:

Training will focus on skills needed to be a Within-Agency PCIT Trainer. Within-Agency Trainers are individuals who have received such PCIT training as to be qualified to teach and supervise therapists at their own program or agency ("in-house" training), with a scope of trainership that is limited to their physical location or site. Within-Agency trainers offer a unique training experience to their trainees by use of the "co-therapy" model, which allows trainees to learn PCIT during actual sessions with the Within-Agency Trainer. This program will emphasize the ability of the Within-Agency Trainer to structure training for their therapists-in-training, including timing of didactics and co-therapy. Participants will practice techniques for developing coaching skills in their trainees through both didactics and in-session coaching. Fidelity to the PCIT protocol will be emphasized throughout the training, including assessment of their trainees adherence to fidelity using the integrity checklists within the protocol. Participants will practice assessing trainee competencies including calculating their trainees' DPICS coding reliability. Trainee assessment will also focus on tracking competencies on a training tracker including CDI competency, PDI competency, case graduation, and attendance in didactics and consultation.

**TARGET AUDIENCE:** Masters- or doctoral-level, mental health practitioners who are currently licensed in their state and certified by PCIT International as PCIT therapists. Participants must be interested in becoming a Within-Agency (Level 1) trainer and willing to commit to the year-long videoconferencing consultation and video-review process. This material is intended for **advanced-level** audiences.

**ACCOMMODATIONS:** Participants who need accommodations for disability will gladly be assisted. For any accommodations needed, please email Reesa Donnelly at [donnellyr@gmail.com](mailto:donnellyr@gmail.com) 3 weeks prior to training.

**LIMITATIONS/RISKS:** The risks associated with this training are low. Most common risks include stress that may occur when attempting to train a trainee to achieve skill competency, which will be guarded against by establishing rapport with trainees and moving at a pace that matches their progress in learning. Another common risk is managing the stress that the Within-Agency trainers may experience when their trainee implements coaching of discipline in session with a highly disruptive child. This will be ameliorated through ongoing case consultation between the Within Agency Trainer and the Global Trainer (Reesa Donnelly). Limitations of the content include limits to the populations that are served through this treatment modality (e.g., this treatment is not used with children aged 7 years or older).

**GRIEVANCES:** Should a participant wish to file a grievance regarding this continuing education experience, s/he may email [pcit.ce@gmail.com](mailto:pcit.ce@gmail.com) or mail to: PCIT CE, 22713 NW 191st Lane, High Springs, FL 32643 to submit a complaint or to ask additional questions.

**DISCLOSURES & COMMERCIAL SUPPORT:** There are no commercial supports that could be construed as a conflict of interest. Neither trainer receives commercial support for this training nor has conflicts of interest or commercial interest for this training including grants/research support. Neither trainer is has stock, receives honorarium, or is an employee of a commercial interest organization

## **CONTINUING EDUCATION CREDIT**

### **PSYCHOLOGISTS**

***8 APA & PCIT CEs pending approval from PCIT Int'l:***

PCIT International, Inc is approved by the American Psychological Association to offer continuing education for psychologists. PCIT International, Inc maintains responsibility or this program and its content. This program is being offered for 8 continuing education credits. Certificates of Continuing Education will be sent via email from PCIT International after course completion and submission of course evaluations.

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