

## Parent-Child Interaction Therapy Training & Consultation Agreement Initial Workshops: May 20 – 24 & August 5 – 9, 2024

Return this form completed and signed to <u>Niec1L@cmich.edu</u> / <u>PCIT.International.Training@gmail.com</u>

PCIT training is intended for master's and doctoral-level mental health professionals (e.g., psychologists, psychiatrists, social workers, counselors) who are interested in becoming PCIT therapists.

## I. Trainee Contact Information

Name:	
Degree:	
Address:	
Email Address:	
Phone Number:	
License (Country, State/Province	e, and Number):
Please check if you are:	
NBCC Counselor	NBCC Number
Physician	Licensed Professional Counselor
Licensed Social Worker	Psychologist
Other License (please specify): _	

### II. Included in the year-long PCIT training and consultation process

- Pre-training consultation to assist trainees and agencies with training preparation.
- Initial training workshop(s) in two 20-hour weeks by Global Trainer and team.
- PCIT protocol manual.
- DPICS-IV clinical manual.
- DPICS-IV clinical workbook.
- Review of at least 6 recorded PCIT sessions with live feedback.
- One year of live, remote bimonthly consultation.

The training process we provide meets all requirements specified by PCIT International for PCIT therapist certification (see training requirements www.PCIT.org). Trainees must successfully complete the training to be eligible to apply for certification. Certification is conducted and authorized by PCIT International and is independent of the training process.

# III. Educational Objectives

Upon successful completion of the Initial Workshop(s), the participant should be able to:

- 1. Conduct an intake assessment for PCIT using the appropriate standardized measures.
- 2. Code the core CDI skills (reflections, behavior descriptions, labeled praises) using the DPICS-IV with at least 70% agreement with an expert coder (agreement to continue to develop and expand during consultation).
- 3. Demonstrate the child-directed interactions at the level of skill expected for caregivers.
- 4. Understand how to begin CDI coaching in order to shape caregivers' skill acquisition.
- 5. Identify the core components of the PCIT discipline procedure.
- 6. Demonstrate the parent-directed interaction skills at the level expected of caregivers.
- 7. Begin to see families using PCIT under the ongoing consultation of the global trainer.

# IV. Instructor

## PCIT International Certified Global Trainer: Larissa N. Niec, PhD

Dr. Niec is the Director of the Center for Children, Families, and Communities, a Professor of Psychology at Central Michigan University, and a licensed psychologist. She has trained PCIT therapists for over twenty-five years. Dr. Niec publishes extensively on PCIT outcome, implementation, and training. Her most recent books include *Handbook of PCIT: Innovations & Applications for Research and Practice* (Springer Nature) and *Strengthening the Parent-Child Relationship in Therapy: Laying the Foundation for Healthy Development* (American Psychological Association).

# V. Responsibilities of the PCIT trainee and/or the trainee's agency

- 1. Attend the full initial training workshops May 20-24 and August 5-9.
- 2. Provide video recordings of the trainee's own PCIT therapy sessions to the trainer. Recordings must have adequate sound and sight-lines for the trainer to provide effective feedback. (Sessions conducted in a language other than English must include a translated transcript.)
- 3. Attend at least 80% of scheduled consultation meetings during the training year.
- 4. Adhere to the ethical principles of the trainee's discipline while treating families with PCIT.
- 5. Maintain fidelity to the PCIT protocol.
- 6. Provide to the trainer no PHI of any client other than the video recordings required for consultation.
- 7. Submit the required video recordings to the trainer via a HIPAA-compliant method (e.g., personal delivery, secure video platform or trackable delivery service).
- 8. If recordings are mailed to the trainer, the trainee will provide postage-paid shipping materials for their secure return.

# VI. Preparing for the PCIT Initial Training

The steps below will help the trainee to begin to implement PCIT promptly after the initial training. *If these steps are not completed prior to beginning training, it is unlikely the clinician will complete the training successfully within the consultation year. Additional consultation may be available beyond the contracted year; however, there will be an additional fee based on the number of hours required.* 

- Ensure trainees have a steady source of referrals of children 2yrs 6yrs 11mos with disruptive behaviors. During the training year, it is recommended that therapists maintain PCIT caseloads of approximately 4-7 families.
- Set up the audio/video system to allow effective in vivo coaching.
- Set up the audio/video system to allow the recording of sessions with adequate sound and sightlines for the trainers to hear and see parents and children and hear the coach.
- Identify the means by which trainees will submit their recorded therapy sessions to the trainer and set up business associate agreements (BAA), if necessary (e.g., Google Drive).
- Ensure trainees have access to the manual and forms for the required assessment instrument: Eyberg Child Behavior Inventory (ECBI; <u>https://www.parinc.com/Products/Pkey/97</u>).

### VII. Registration Fee

The fee for the full training package from May 20, 2024 – May 19, 2025 is \$4250 USD. Payment can be provided in any of three different forms:

1. Check or money order: Make checks for \$1250.00 USD to <u>Larissa N. Niec, PhD Training and</u> <u>Consulting, LLC</u> and mail to 121 North Fancher, Mount Pleasant, MI 48858.

2. Venmo/PayPal: If sending payment via either of these two transaction platforms, a 5% fee is required to cover the platform service charges (i.e., \$1250 + \$62.50). Payments can be submitted to LarissaNiec@gmail.com.

3. Wire Transfer: International therapists can submit the fee via international wire transfer. If you intend to use this payment option, please email <u>PCIT.International.Training@gmail.com</u> for details.

Payment must be received no later than APRIL 1, 2024 to secure the trainee's spot in the training year.

#### **VIII.** Accommodations

It is the goal of this training team to fully include all participants and to provide reasonable accommodations to facilitate participation. If a trainee is in need of accommodations, please contact Dr. Larissa Niec (Niec1L@cmich.edu) at the earliest date possible, but no later than 30 days prior to the workshop.

I certify that I have read, understand, and will adhere to the above responsibilities and requirements. I understand that failure to meet the responsibilities listed here make it unlikely for the PCIT trainee to reach eligibility for certification as a PCIT therapist within the training year. Further, I certify that the PCIT trainee has a master's or doctoral-level degree (or international equivalent) in a mental health field and meets the PCIT International requirements to participate in PCIT training.

Trainee Signature:	Date:
Print name:	
Agency Administrator Signature:	Date:
Print name and title:	