PCIT Level-1 Trainer Workshop
May 22, 2020 – Gainesville, FL

Kick off your Memorial Day Weekend in sunny Florida!
(or join us by videoconference:)

Training and Trainer Details
Training includes all requirements for certification as a PCIT Int’l Certified Level-1 Trainer. Training is dynamic and includes video demonstrations, live practice, & interactive games. Trainees have the option to participate by teleconference or in person. 8 APA & PCIT CEs pending approval from PCIT Int’l.

Dr. Reesa Donnelly is a PCIT In’l Certified Master Trainer and member of the PCIT Policy and Advocacy Task Force. She is a mother of 2 and has over 12 years of experience as a PCIT therapist/trainer.

Raquel Concepcion, LMHC, M.Ed., is a PCIT Int’l Certified Level-1 Trainer and Doctoral Intern. She has nearly 5 years of experience as a PCIT therapist/Trainer and nearly 10-years experience in early childhood mental health. Raquel will join the training if enough participants register to warrant a second trainer.

TRAINING COST INCLUDES:
8-HR TRAINING, CEU’s, TRAINING MATERIALS, 1 YR OF AT LEAST MONTHLY CONSULTATION, & 3 VIDEO REVIEWS

COST: $1,400 PER TRAINEE

Contact Reesa to reserve your spot!
352-216-4579
donnellyr@gmail.com

Drury Inn & Suites
4000 SW 40th Blvd,
Gainesville, FL 32608
Hot breakfast included

Time:
8:30-5 Friday
Detailed Program Information

PROGRAM: PCIT Level-1-Trainer Workshop

PROGRAM DATES: May 22, 2020
(Must attend FULL training day to obtain CE credit.)

TIME: 8:30am – 5:00pm
A working lunch will be provided noon-1pm.
A mid-morning and mid-afternoon break will be offered

8 APA & PCIT CEs pending approval from PCIT Int’l

LOCATION: Drury Inn & Suites, 4000 SW 40th Blvd, Gainesville, FL 32608

PRESENTERS:

Reesa Donnelly, Ph.D., PCIT International Certified Master Trainer
Contact information: donnellyr@gmail.com
Affiliated Agency: Fundamental Therapy Solutions, Gainesville, FL.

Dr. Donnelly’s clinical work focuses on families with young children experiencing behavior problems, with a specialization in Parent-Child Interaction Therapy and Cognitive Behavioral Therapies. She served as research coordinator for an R01 research grant investigating PCIT for children with ADHD. She has served in leadership roles for Parent-Child Interaction Therapy (Chair of Continuing Education Task Force, Ad Hoc member of the Advisory Board, and Convention coordinator for the 2011 PCIT convention).

Raquel Concepcion, LMHC, PCIT Int’l Certified Level 1 Trainer
Contact information: rfconcepc@gmail.com
Affiliated Agency: Fundamental Therapy Solutions, Gainesville, FL.

Raquel is a Mental Health Counselor who completed her Master’s degree at the Florida International University in 2011 and is currently completing her Doctorate degree in School Psychology at the University of Florida. Raquel is a doctoral intern at Fundamental Therapy and will complete her Ph.D. in 2020. She is a PCIT Int’l Certified Level 1 trainer. In addition to PCIT training and therapy, Raquel completes psychoeducational evaluations, Autism screenings, and works individually with children struggling with social skills, anxiety, depression, and hyperactivity/inattention.

PROGRAM DESCRIPTION:
Training will focus on skills needed to be a Level-1 PCIT Trainer. Level-1 Trainers are individuals who have received such PCIT training as to be qualified to teach and supervise therapists at their own program or agency (“in-house” training), with a scope of traineeships that is limited to their physical location or site. Level 1 trainers offer a unique training experience to their trainees by use of the “co-therapy” model, which allows trainees to learn PCIT during actual sessions with the Level-1 Trainer. This program will emphasize the ability of the Level-1 Trainer to structure training for their therapists-in-training, including timing of didactics and co-therapy. Participants in this workshop will learn effective presentation of PCIT didactics including PCIT history/research, DPICS coding rules, CDI Teach, and PDI teach. Participants will practice techniques for developing coaching skills in their trainees through both didactics and in-session coaching. Fidelity to the PCIT protocol will be emphasized throughout the training, including assessment of their trainees adherence to fidelity using the integrity checklists within the protocol. Participants will practice assessing trainee competencies including calculating their trainees’
DPICS coding reliability. Trainee assessment will also focus on tracking competencies on the PCIT International training tracker including CDI mastery, PDI mastery, case graduation, and attendance in didactics and consultation.

TARGET AUDIENCE: Masters- or doctoral-level, mental health practitioners who are currently licensed in their state and certified by PCIT International as PCIT therapists. Participants must be interested in becoming Level 1 (in-agency) trainers and willing to commit to the year-long consultation and video-review process. This material is intended for advanced-level audiences.

LIMITATIONS/RISKS: The risks associated with this training are low. Most common risks include stress that may occur when attempting to train a trainee to achieve skill mastery, which will be guarded against by establishing rapport with trainees and moving at a pace that matches their progress in learning. Another common risk is managing the stress that the Level-1 trainers may experience when their trainee implements coaching of discipline in session with a highly disruptive child. This will be ameliorated through ongoing case consultation with the Level-1 Trainer. Limitations of the content include limits to the populations that are served through this treatment modality (e.g., this treatment is not used with children aged 7 years or older).

REQUIREMENTS: Full attendance at the full day of this educational experience is required for credit to be awarded. In addition, participants will be required to demonstrate certification as a PCIT therapist by PCIT International prior to attending this workshop, including providing the trainer name and initial dates of training as a PCIT therapist. Participants will be required to sign in and sign out each day, as well as complete CE evaluation forms. Participants are also required to commit to the year-long consultation and video-review process that is required by PCIT International for certification as a Level 1 trainer (i.e., a minimum of 12 months of consultation occurring at a frequency of at least once per month). More specifically, the Level 1 Trainer applicant must supervise a therapist-in-training to complete all PCIT International Therapist skill requirements and minimally have a trainee successfully graduate one case (where the trainee is the primary therapist) during the Level I applicant’s period of monthly consultation. Please note: applications for certification would be submitted to PCIT International after the training process is complete. Final decisions about certification of Level-1 Trainers will be made by the PCIT International Board of Directors. Additional information about the training requirements can be found at http://www.pcit.org/trainer-requirements.html.

PRE-REQUISITES: The pre-requisites for this event include certification as a PCIT therapist by PCIT International, current work with PCIT cases, PCIT set-up (one-way mirror, bug-in-the-ear, etc) within the current agency or place of practice, access to a trainee interested in learning PCIT at the current agency or place of practice, a master's degree or higher in a mental health field, and licensure in the current state of practice (unless currently a doctoral student). The Level-1 Trainer applicant must have served as a therapist for a minimum of four PCIT cases to graduation criteria as defined by the 2011 PCIT Protocol (Eyberg & Funderburk, 2011). On at least three of those cases, the Level I Trainer applicant must have been the primary therapist (i.e., lead therapist or equal co-therapist).

ACCOMODATIONS: The presentation facility at Drury Inn & Suites is wheelchair accessible. Participants who need accommodations for disability will gladly be assisted. For any accommodations needed, please email Reesa Donnelly at donnellyr@gmail.com prior to May 8, 2020.

EDUCATIONAL OBJECTIVES:
At the conclusion of training, participants should be able to:
1. Assess therapist competencies (DPICS coding reliability, CDI mastery, PDI mastery, case graduation, and attendance in didactics and consultation) and track them via PCIT International training tracker,
2. Effectively score an integrity checklist to ensure fidelity to the PCIT protocol
3. List 2 different schedules for structuring a therapist training,
4. Demonstrate effective explanation of PCIT history and DPICS coding rules.
**SYLLABUS:** The syllabus regarding this educational experience is as follows:

### Agenda for PCIT Level 1 Training Workshop

<table>
<thead>
<tr>
<th>Event</th>
<th>Allotted Time</th>
<th>Concept</th>
<th>Materials Needed &amp; Activity Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Greetings &amp; Review of Training Guidelines</td>
<td>8:30-9:00</td>
<td>Knowing the destination</td>
<td><strong>Materials:</strong> PPT; Training Guidelines x 2. <strong>Activity:</strong> Didactic presentation.</td>
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<tr>
<td>Pre - Readiness</td>
<td>9:00-9:30</td>
<td>Packing for the trip</td>
<td><strong>Materials:</strong> PPT; Trainee contract <strong>Activity:</strong> Didactic presentation.</td>
</tr>
<tr>
<td>Structuring Training &amp; Presenting Didactics</td>
<td>9:30-10:00</td>
<td>Planning the route</td>
<td><strong>Materials:</strong> Example Training schedule x 3; sample competency checklists; excel reliability calc; supervision log &amp; video; [on computer: Dropbox site of L1 ppt's; TPICS manual]. <strong>Activity:</strong> Didactic presentation + Watch Kurtz Video + look at TPICS etc.</td>
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<tr>
<td>Break</td>
<td>10:00-10:45</td>
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<tr>
<td>Calculating DPICS Coding Reliability</td>
<td>10:45-11:15</td>
<td>GPS tracking/Assessing are we there yet?</td>
<td><strong>Materials:</strong> Coding Video; CDI and PDI Code Sheets; DPICS Brief <strong>Activity:</strong> Code CDI watching a video and calculate reliability using the Percent Agreement Reliability excel. Discuss coding challenges</td>
</tr>
<tr>
<td>Chart Review</td>
<td>11:15-11:45</td>
<td>GPS tracking/Assessing are we there yet?</td>
<td><strong>Materials:</strong> A-Fidelity Chart Review; Faux File. <strong>Activity:</strong> Divide group into pairs to check file for fidelity.</td>
</tr>
<tr>
<td>Introduction to Code the Coach</td>
<td>11:45-1:00</td>
<td>GPS tracking/Assessing are we there yet?</td>
<td><strong>Materials:</strong> TPICS; COACH Coding. <strong>Activity:</strong> Review coding systems; code COACH.</td>
</tr>
<tr>
<td><strong>WORKING LUNCH</strong></td>
<td>1:00-2:15</td>
<td>How to steer the bus</td>
<td><strong>Materials:</strong> PPT. <strong>Activity:</strong> Didactic on Theory and Resistance from Trainees &amp; Challenging Situations and Special Topics <strong>Activity:</strong> Solve vignettes together;</td>
</tr>
<tr>
<td>How to Teach Coaching</td>
<td>2:15-2:45</td>
<td>How to steer the bus</td>
<td><strong>Materials:</strong> Ppt; Coaching video <strong>Activity:</strong> Didactic presentation; brief demonstration of teaching coaching exercises. Code coaching and discuss feedback of video</td>
</tr>
<tr>
<td>Teaching Mastery Criteria</td>
<td>2:45-3:15</td>
<td>Ticking off your mile markers</td>
<td><strong>Materials:</strong> Ppt <strong>Activity:</strong> Didactic presentation.</td>
</tr>
<tr>
<td>Break</td>
<td>3:15-3:30</td>
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<tr>
<td>PCIT Fidelity</td>
<td>3:30-4:00</td>
<td>Off roading &amp; Detours</td>
<td><strong>Materials:</strong> Ppt. <strong>Activity:</strong> Solve scenarios and explain rationale.</td>
</tr>
<tr>
<td>Logging Training &amp; Additional Resources</td>
<td>4:00-4:30</td>
<td>Photos of your trip &amp; souvenirs</td>
<td><strong>Materials:</strong> ppt; Feedback docs; Parent guilt free.mp4; Rsch Articles; Cert letter; Grad Certif, PCIT Int’l store, ibook, <strong>Activity:</strong> Peruse the resources</td>
</tr>
<tr>
<td>Question &amp; Answer</td>
<td>4:30-4:45</td>
<td>Ask your tour guide</td>
<td><strong>Activity:</strong> Ask any questions, plan for start of consultation and in-agency training</td>
</tr>
<tr>
<td><strong>WRAP-UP, EVALUATIONS, &amp; ADJOURN</strong></td>
<td><strong>4:45-5:00</strong></td>
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<td><strong>Materials:</strong> Evaluation Forms; Certificates of Attendance</td>
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COURSE FEES: This program will cost $1,400 per registrant and includes the year-long consultation and video review required by PCIT International for the Level-1-Trainer Training process. This charge also includes training materials, CEU’s (pending approval from PCIT Int’l), snacks/refreshments, and catered lunch. Free hot breakfast is provided by Drury Inn and Suites for participants who choose to stay there. This charge does NOT cover the cost of applying for certification through PCIT International at the conclusion of the training year (the current charge listed by PCIT International is $90 for the Level-1 Trainer application). This charge does NOT include cost of hotel or travel to the Gainesville, FL area. A $500 deposit will hold your spot in the training. The $1,400/person training fee must be pre-paid 30 days before the workshop begins. If a participant cannot attend the workshop after pre-paying/registering, a 75% refund of the deposit ($375) and any additional amount paid toward the workshop will be provided if cancellation is made prior to May 5, 2020. For cancellations on May 5, 2020 or later, no refund will be provided. Cancellations must be made by contacting Reesa Donnelly at donnellyr@gmail.com.

GRIEVANCES: Should a participant wish to file a grievance regarding this continuing education experience, s/he may email pcit.ce@gmail.com or mail to: PCIT CE, 22713 NW 191st Lane, High Springs, FL 32643 to submit a complaint or to ask additional questions.

COMMERCIAL SUPPORT: There are no commercial supports that could be construed as a conflict of interest.

CONTINUING EDUCATION CREDIT

PSYCHOLOGISTS

8 APA & PCIT CEs pending approval from PCIT Int’l:
PCIT International, Inc is approved by the American Psychological Association to offer continuing education for psychologists. PCIT International, Inc maintains responsibility or this program and its content. This program is being offered for 8 continuing education credits. Certificates of Continuing Education will be sent via email from PCIT International after course completion and submission of course evaluations.