



# PCIT Therapist Training

Half-Day Workshops in Nov & Jan  
Fully Virtual by Zoom

## Training and Trainer Details

Training includes all requirements for certification as a PCIT Int'l Certified Therapist. Training is dynamic and includes video demonstrations, live practice, & interactive games. 40 APA & PCIT CEs pending approval from PCIT Int'l.



Dr. Reesa Donnelly is a licensed psychologist, PCIT Int'l Certified Global Trainer, and member of the PCIT Policy and Advocacy Task Force. She is a mother of 2 and has over 12 years of experience as a PCIT therapist/trainer.



Raquel Concepcion, Ph.D., LMHC, is a PCIT Int'l Certified Within-Agency Trainer and Post-Doctoral Associate. She has nearly 5 years of experience as a PCIT therapist/Trainer and nearly 10-years experience in early childhood mental health. In her spare time, she enjoys spending time with her puppy, Amber.



TRAINING COST  
INCLUDES:

40-HR TRAINING,  
CEU's, TRAINING  
MATERIALS, PCIT  
PROTOCOL,  
DPICS-IV  
WORKBOOK &  
MANUAL, 1 YR OF  
TWICE-MONTHLY  
CONSULTATION, &  
6 VIDEO REVIEWS



COST: \$4,200  
PER TRAINEE

(\$200 discount for  
therapists from same  
agency, or therapists  
from High-Risk States)



Contact Reesa to  
reserve your spot!  
donnellyr@gmail.com



Times: 12:30-5:00 PM  
Eastern time on  
Nov 5, 6, 9, 10, 11  
& Jan 7, 8, 11, 12, 13



Dr. Reesa Donnelly Inc.

  
INTERNATIONAL  
WWW.PCIT.ORG

# Detailed Program Information

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**PROGRAM:** PCIT Therapist Training Workshop

**PROGRAM DATES:**

Nov 5, 6, 9, 10, & 11 of 2020 (note: the 11<sup>th</sup> is Veteran's Day)  
& Jan 7, 8, 11, 12, & 13 of 2021

**Participants must attend each training day in full to obtain CE credit and to fulfill certification requirements listed in the PCIT Int'l Training Guidelines.**

**TIME:** 12:30-5:00p.m. Eastern time

- There will not be a lunch break because training begins after lunch. Participants attending from other time-zones are welcome to bring a lunch and eat during training.
- Two mid-afternoon breaks will be offered each day.

***40 APA & PCIT CEs will be provided pending approval from PCIT Int'l***

**LOCATION:** Virtually (video conference via Zoom)

**PRESENTERS:**

Reesa Donnelly, Ph.D., PCIT International Certified Global Trainer  
Contact information: [donnelyr@gmail.com](mailto:donnelyr@gmail.com)  
Affiliated Agency: Dr. Reesa Donnelly Inc.

Dr. Donnelly's clinical work focuses on families with young children experiencing behavior problems, with a specialization in Parent-Child Interaction Therapy and Cognitive Behavioral Therapies. She served as research coordinator for an R01 research grant investigating PCIT for children with ADHD. She has served in leadership roles for Parent-Child Interaction Therapy (Chair of Continuing Education Task Force, Ad Hoc member of the Advisory Board, Convention coordinator for the 2011 PCIT convention, and current member of the Policy and Advocacy Task Force).

Raquel Concepcion, Ph.D., LMHC, PCIT Int'l Certified Within-Agency Trainer  
Contact information: [rfconcepc@gmail.com](mailto:rfconcepc@gmail.com)  
Affiliated Agency: Autism Spectrum Assessment Center, University of Miami

Dr. Concepcion is a Mental Health Counselor who completed her Master's degree at the Florida International University in 2011 and her Doctorate degree in School Psychology at the University of Florida. Raquel is a Post-Doctoral Associate for the University of Miami's Autism Spectrum Assessment Center. She is a PCIT Int'l Certified Within-Agency trainer. In addition to PCIT training and therapy, Raquel completes psychoeducational evaluations, Autism assessments, and works individually with children struggling with social skills, anxiety, depression, and hyperactivity/ inattention.

**PROGRAM DESCRIPTION:**

This 40-hour basic training for PCIT therapists will focus on development of skills to implement Parent-Child Interaction Therapy (PCIT) in community settings. PCIT is a nationally-recognized, evidence-based parent management program for families who have children with externalizing behavior problems. The program is unique in comparison to other parent management programs in that it involves coaching parents as they interact with their young child (ages 2 to 7 years). There are two phases to PCIT: Child-Directed Interaction (CDI) and Parent-Directed Interaction (PDI). For each phase, parents attend one

didactic session without their child present during which the PCIT therapist reviews with the parent specific skills that will be 'coached' in subsequent sessions. This didactic session is used to build rapport as well as to provide detailed descriptions and rationales for each skill. Each skill is modeled for and role-played with parents to facilitate their learning. Following the initial didactic session, parents and children attend weekly sessions, in which the parents are coached in how to apply in real time the skills that they were taught.

The first half of training will focus on the first phase of PCIT, Child-Directed Interaction. Topics will include history and overview of PCIT, theoretical and research underpinnings of PCIT, how to code parent-child interactions using the Dyadic Parent-Child Interaction Coding System –Fourth Edition (DPICS-IV), how to effectively teach parents the PRIDE skills and avoid skills, and how to effectively coach parents in the use of differential social attention and use of the PRIDE skills. Emphasis will be placed on therapists acquiring competency of the PRIDE skills and coding skills, as well as developing comfort in live coaching through role-plays.

The second half of training will focus on the second phase of PCIT, Parent-Directed Interaction. Topics will include how therapists can facilitate parents learning to: 1) give effective commands, 2) teach their child how to sit on a time-out chair, 3) manage child behavior in situations that mirror home discipline situations (e.g., having to clean up toys, working on academic tasks, walking through the building at the parent's side, interacting with siblings). Emphasis will be placed on competency of PDI skills in role play and in coaching parents to use the discipline techniques.

Throughout training, strategies and considerations for tailoring PCIT to diverse cultural populations will be explained based on findings from the current PCIT literature. In addition, research regarding outcomes for diverse populations will be explored. The format of training will be face-to-face didactics, role play, video review, and worksheet practice.

**TARGET AUDIENCE:** Masters- or doctoral-level, mental health practitioners who are currently licensed in their state or under supervision of a licensed practitioner will be eligible to participate. Participants must treat families with young children experiencing disruptive behavior, be able to set up equipment and space according to PCIT specifications (or provide services via telehealth during the COVID-19 pandemic), carry an ongoing caseload of at least 6 PCIT cases, and be willing to commit to the year-long consultation and video-review process. This material is intended for **beginner level** audiences.

**LIMITATIONS/RISKS:** The risks associated with this training are low. Most common risks include stress that may occur when attempting to achieve skill competency or stress while implementing the discipline sequence in sessions with a highly disruptive child. Limitations of the content include limits to the populations that are served through this treatment modality (e.g., this treatment is not used with children aged 7 years or older).

**REQUIREMENTS:** Full attendance at ALL of the days of this educational experience are required for credit to be awarded. In addition, participants will be required to demonstrate competency of the CDI & PDI sequence and coding of a CDI & a PDI sequence with 80% accuracy. Participants will be required to sign in and sign out each day, as well as complete CE evaluation forms. **Participants will join by video-conference and MUST be visible by video throughout the training, excluding breaks (i.e., cannot join by audio only or have video turned off).** Participants are also required to commit to the year-long consultation and video-review process that is required by PCIT International for certification as a PCIT therapist. Additional information about the training requirements can be found at <http://www.pcit.org/trainer-requirements.html>.

**PRE-REQUISITES:** The pre-requisites for this event include having a master's degree or higher in a mental health field, being licensed in or supervised by a licensed professional in a mental health field, working with children ages 2 to 7 years with disruptive behavior disorder, being able to maintain a caseload of 6-10 PCIT cases in the year following training, being able to attend the bi-weekly



consultation calls following training, and working within an agency that can support PCIT training and set up (e.g., appropriate rooms, equipment, toys).

**ACCOMODATIONS:** Participants who need accommodations for disability will gladly be assisted. For any accommodations needed, please email Reesa Donnelly at [donnellyr@gmail.com](mailto:donnellyr@gmail.com) 3 weeks prior to training.

**CONCERNS OR GIEVANCES:** Should a participant wish to file a grievance or have any concerns regarding this continuing education experience, s/he may email [pcit.ce@gmail.com](mailto:pcit.ce@gmail.com) or mail to: PCIT CE, 22713 NW 191st Lane, High Springs, FL 32643 to submit a complaint or to ask additional questions.

**DISCLOSURES & COMMERCIAL SUPPORT:** There are no commercial supports that could be construed as a conflict of interest. Neither trainer receives commercial support for this training nor has conflicts of interest or commercial interest for this training including grants/research support. Neither trainer has stock, receives honorarium, or is an employee of a commercial interest organization

### **EDUCATIONAL OBJECTIVES:**

At the conclusion of training, participants should be able to:

1. *Describe the theoretical backgrounds that inform PCIT*
2. *Explain both the CDI teach and the PDI teach session to parents in treatment with fidelity to the essential components listed in the PCIT protocol.*
3. *Show CDI skill competency during role-play as a caregiver.*
4. *Demonstrate effective implementation of the PDI sequence in role-play or live interactions.*
5. *Coach parents effectively in use of the CDI skills and the PDI sequence with their child.*
6. *Achieve 80% coding reliability on the DPICS-IV coding system*
7. *Score and interpret the Eyberg Child Behavior Inventory (ECBI) and the Dyadic Parent-child Interaction Coding System (DPICS)*

**COURSE FEES:** This program will cost \$4,200 per registrant and includes the year-long consultation and video review required by PCIT International for the Therapist Training process. This charge also includes training materials, a PCIT protocol, DPICS-IV workbook & manual, CEU's (pending approval from PCIT Int'l), and snacks/ refreshments. This charge does NOT cover the cost of applying for certification through PCIT International at the conclusion of the training year (the current charge listed by PCIT International is \$225). This charge does not include the cost of equipment to join by video-conference (computers, internet). There is no fee from Zoom to join the video conference. A discount of \$200 is offered to clinicians coming together from the same agency and to clinicians from High-Risk states (states in bottom 20% for child well-being according to the 2018 Kids Count Data, <https://www.aecf.org/m/resourcedoc/aecf-2018kidscountdatobook-2018.pdf#page=22>, which includes SC, GA, WV, AR, AL, TX, OK, AZ, AK, NV, MS, LA, NM). A \$1,000 deposit will hold your spot in the training. The \$4,200/person training fee must be pre-paid 30 days before the workshop begins. Please note, if the workshop has fewer than 6 registrants 4 weeks prior to the training date, there will be insufficient registration to conduct the training. In that case, participants will be notified 4 weeks prior to the training date that the workshop is cancelled and the full amount paid by the registrant will be refunded to each registrant. If a participant cannot attend the workshop after pre-paying/registering, a 75% refund of the deposit (\$750) and any additional amount paid toward the workshop will be provided if cancellation is made more than 4 weeks prior to the training date. For cancellations later than 4 weeks prior to the training date, no refund will be provided. Cancellations must be made by contacting Reesa Donnelly at [donnellyr@gmail.com](mailto:donnellyr@gmail.com).

**SYLLABUS:** The curriculum and scheduled times for the training activities are as follows:

## Day 1: Introduction to PCIT and CDI

Time	Activity	Materials
1 hour (12:30-1:30pm)	Introduction to training	<b>PPT:</b> Introduction to training Training Binder All protocols and manuals Family PCIT testimony Our Stories
30 min (1:30 - 2:00pm)	Relationship Enhancement Skills (CDI) PART 1	<b>PPT:</b> Child Directed Interaction
15 min (2:00 - 2:15pm)	BREAK	
30 min (2:15 - 2:45)	Relationship Enhancement Skills (CDI) PART 2	<b>PPT:</b> CDI PCIT Protocol Pre-post video
1 hour (2:45 - 3:45pm)	CDI Role Play & "coding"	Toys Break-out Rooms CDI Coding sheets Timer that rings
15 min (3:45 - 4:00pm)	BREAK	
1 hour (4:00 - 5:00pm)	PCIT History & Theory  <b>Homework</b>	<b>PPT:</b> PCIT History  <b>HW = Home practice of skills</b>

## Day 2: DPICS

Time	Activity	Materials
1 hour (12:30 -1:30pm)	Intro to DPICS	<b>PPT:</b> Intro to DPICS DPICS Manual and Workbook CDI Coding Sheets
30 min (1:30 - 2:00pm)	CDI Competency & Coding Reliability PART 1	Toys CDI Coding sheets DPICS Manual
15 min (2:00 - 2:15pm)	BREAK	
30 min (2:15 - 2:45pm)	CDI Competency & Coding Reliability PART 2	Toys CDI Coding sheets DPICS Manual Timer that rings
30 min (2:45 - 3:15pm)	Beginning a case + THE Map	<b>PPT:</b> Beginning a PCIT case PCIT Protocol
30 min (3:15 - 3:45pm)	Cultural Considerations in CDI & Intake	<b>PPT:</b> Cultural Considerations in CDI & Intake
15 min (3:45 - 4:00pm)	BREAK	
1 hour (4:00 - 5:00pm)	Session Assignments for BOTH Teach & DPICS -- Session Walk-Through (Pre-DPICS Assessment)  <b>Homework</b>	DPICS Manual PCIT Protocol Pre-DPICS Coding sheet  <b>HW = Assigned CDI Teach Segments DPICS WkBk "Review Quiz" 1-3</b>

### Day 3: Teach Practice & Intro to Coaching

Time	Activity	Materials
1 hour (12:30-1:30pm)	CDI Teach Practice (Round Robin)	PCIT Protocol Cascading file organizer
30 min (1:30 - 2:00pm)	CDI Teach Review & <b>Homework Review</b>	PCIT Protocol
15 min (2:00 - 2:15pm)	BREAK	
30 min (2:15 - 2:45pm)	CDI Competency & Coding Reliability	Toys CDI Coding sheets DPICS Manual Timer that rings
1 hour (2:45 - 3:45pm)	Introduction to Coaching	<b>PPT:</b> PCIT Coaching Basics Coaching ignore handouts Coaching layers cheat sheet
15 min (3:45 - 4:00pm)	BREAK	
1 hour (4:00 - 5:00pm)	Coaching practice  <b>Homework</b>	Video Toys Coaching layers cheat sheet Break out rooms <b>HW= DPICS WkBk Review Quiz 4-6</b>

### Day 4: CDI Coaching sessions & PCIT Assessment

Time	Activity	Materials
30 min (12:30-1:00pm)	Homework Review DPICS practice	DPICS Manual & Workbook Coding video
30 min (1:00-1:30)	Session Walk-Through with Discussion (CDI 1)	PCIT Protocol Cascading file organizer Coaching layers cheat sheet
30 min (1:30 - 2:00pm)	PCIT Assessment Measures	<b>PPT:</b> Assessment in PCIT ECBI, CBCL, BASC ECBI & Skills graphs
15 min (2:00 - 2:15pm)	BREAK	
1 hour (2:15-3:15)	Challenges in CDI	<b>PPT:</b> Case and coaching challenges
30 min (3:15-3:45)	Cultural Considerations in Assessment and Coaching	<b>PPT:</b> Cultural Considerations in Assessment and Coaching
15 min (3:45 - 4:00pm)	BREAK	
1 hour (4:00 - 5:00pm)	Harder Coaching practice (ignores, reluctant parent) & Competency Checks  <b>Homework</b>	Toys Coaching layers cheat sheet Break out rooms Timer that rings  <b>HW= Prep for final competency check</b>

## Day 5: Tying CDI together & PCIT Research

<b>Time</b>	<b>Activity</b>	<b>Materials</b>
1 hour (12:30-1:30pm)	Session Walk-Through - (CDI 4)	PCIT Protocol Cascading file organizer CDI Coding sheets Coaching layers cheat sheet
30 min (1:30 - 2:00pm)	CDI Competency & Coding Reliability	Toys CDI Coding sheets DPICS Manual Timer that rings
15 min (2:00 - 2:15pm)	BREAK	
30 min (2:15 - 2:45pm)	Telehealth vs. Clinic Set-Up	<b>PPT:</b> PCIT via Telehealth
1 hour (2:45 - 3:45pm)	PCIT Research	<b>PPT:</b> PCIT Research
15 min (3:45 - 4:00pm)	BREAK	
1 hour (4:00 - 5:00pm)	PCIT Resources, FAQ, Consultation, Q& A	<b>PPT:</b> Making the most out of PCIT

## Part 2: Day 1 - Intro to PDI (Teach)

Time	Activity	Materials
15 min (12:30 - 12:45)	PDI game	PDI game
1hr 15min (12:45 - 2:00)	Intro to PDI	<b>PPT:</b> Introduction to PDI
15 min (2:00 - 2:15pm)	BREAK	
1 hour (2:15-3:15)	PDI Role Play	Toys PDI Time Out Diagram cheat sheet Timer that rings
15 min (3:15 - 3:30)	PDI wording song (game)	PDI Time Out Diagram cheat sheet
15 min (3:30 - 3:45)	Round Robin Assignments & Timing	PCIT Protocol
15 min (3:45 - 4:00pm)	BREAK	
1 hour (4:00 - 5:00pm)	PDI Teach Practice (Round Robin)  <b>Homework</b>	PCIT Protocol  <b>HW = Memorize PDI wording + DPICS WkBk Quiz (TBD)</b>

## Part 2: Day 2 - PDI Coaching & Set up

Time	Activity	Materials
30 min (12:30 - 1:00)	HW Review & Demo Explain PDI to child	PCIT protocol Mr. Bear, visual cards, "2 things to keep it short"
1 hour (1:00 - 2:00)	Intro PDI Coaching	<b>PPT:</b> PDI Coaching
15 min (2:00 - 2:15pm)	BREAK	
30 min (2:15 - 2:45pm)	Role play - Explaining PDI to child	PCIT Protocol Toys
1 hour (2:45 - 3:45pm)	Role play coaching	PCIT Protocol Toys Breakout Rooms
15 min (3:45 - 4:00pm)	BREAK	
30 min (4:00 - 4:30)	Room Layout & PDI in Telehealth	<b>PPT:</b> Room and Telehealth considerations in PDI
30 min (4:30 - 5:00pm)	PDI Tele-Walk-Through  <b>Homework</b>	Sticky note to insert in Protocol  <b>HW = DPICS WkBk Quiz (TBD)</b>



## Part 2: Day 3 - PDI Coding & Coaching

Time	Activity	Materials
15 min (12:30 - 12:45)	HW Review	DPICS Manual & Workbook
30 min (12:45 - 1:15)	Memory Monday: CDI Coding	Coding videos CDI Coding Sheets
45 min (1:15 - 2:00)	PDI Coding	<b>PPT:</b> PDI Coding
15 min (2:00 - 2:15pm)	BREAK	
30 min (2:15 - 2:45pm)	PDI Demo + Coding Callout	PDI Time Out Diagram cheat sheet PDI Coding sheet
1 hour (2:45 - 3:45pm)	PDI Blitz	PDI Time Out Diagram cheat sheet PDI Coding sheet Timer that rings
15 min (3:45 - 4:00pm)	BREAK	
1 hour (4:00 - 5:00pm)	Session Walk-Through - (PDI 1)  <b>Homework</b>	PCIT Protocol + Toys Cascading file organizer PDI Time Out Diagram cheat sheet  <b>HW = DPICS WkBk Quiz (TBD)</b>

## Part 2: Day 4 - PDI Challenges and Competency

Time	Activity	Materials
15 min (12:30 - 12:45)	<b>Homework Review</b>	DPICS Manual & Workbook
1 hour (12:45 - 1:45)	PDI Competency & Coding Reliability	Toys PDI Time Out Diagram cheat sheet PDI Coding sheet Timer that rings
15 min (1:45 - 2:00)	Turn back Tues - CDI Coding	Coding videos CDI Coding Sheets
15 min (2:00 - 2:15pm)	BREAK	
30 min (2:15 - 2:45pm)	Cultural Considerations in PDI	<b>PPT:</b> Cultural Considerations in PDI
30 min (2:45 - 3:15)	PDI Coaching Challenges	<b>PPT:</b> Tricky PDI Coaching
30 min (3:15-3:45)	Coaching practice & Assignments	PCIT Protocol PDI Time Out Diagram cheat sheet
15 min (3:45 - 4:00pm)	BREAK	
1 hour (4:00 - 5:00pm)	Session Walk -Through (PDI 2)	PCIT Protocol + Toys Cascading file organizer PDI Time Out Diagram cheat sheet  <b>HW = DPICS WkBk Quiz (TBD)</b>

## Part 2: Day 5 - Later Stages & Tying it all together

Time	Activity	Materials
15 min (12:30 - 12:45)	HW review	Discuss Role-play in PDI 2 and HW when no T-O
30 min (12:45 - 1:15)	House Rules, Public Behavior, Sibling Sessions	<b>PPT:</b> Later Stages of PCIT PCIT Protocol
45 min (1:15 - 2:00)	HR & PB (Round Robin)	PCIT Protocol
15 min (2:00 - 2:15pm)	BREAK	
1 hour (2:15-3:15)	Session walk through - Sibling Session / HR	PCIT Protocol
30 min (3:15-3:45)	Grad criteria & Grad Session	PCIT Protocol
15 min (3:45 - 4:00pm)	BREAK	
1 hour (4:00 - 5:00pm)	Final Q&A Training Graduation Evals	<b>PPT:</b> Week-in-Review Slideshow Group Screen Shot

### CONTINUING EDUCATION CREDIT

#### **PSYCHOLOGISTS**

#### **40 APA & PCIT CEs pending approval from PCIT Int'l:**

PCIT International, Inc is approved by the American Psychological Association to offer continuing education for psychologists. PCIT International, Inc maintains responsibility for this program and its content. This program is being offered for 40 continuing education credits. Certificates of Continuing Education will be sent via email from PCIT International after course completion and submission of course evaluations.

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