

2-Part PCIT Therapist Workshop

Fully Virtual: Part 1 = June 2021, Part 2 = July 2021

A 40-hour training for providers wanting to become PCIT Certified Therapists. Training includes 1 year of consultation, session reviews, & all requirements to become a certified PCIT therapist. 40 APA CEs pending approval from PCIT Int'l. Consultation/session review in Korean and Spanish is available!



Dates: Part 1= June 10, 11, 14, 15, 16 & Part 2 = July 22, 23, 26, 27, 28



Time: 12:30pm-5:00pm Eastern Standard Time



Location: Fully virtual on Zoom



Cost: \$4,300 (for 40hr training, CE's, 1yr consultation, 6 session reviews)



Contact: Reesa Donnelly at donnelyr@gmail.com or 352-216-4579

About the Trainers



Reesa Donnelly, Ph.D., is a licensed psychologist, PCIT Int'l Certified Global Trainer, and member of the PCIT Policy & Advocacy Task Force. She is a mother of 2 and has over 13 years of experience as a PCIT therapist/trainer.



Miya Barnett, Ph.D., is a licensed psychologist, PCIT Int'l Certified Within-Agency Trainer, and leader of the Policy & Advocacy Task Force. She has over 10 yrs experience as a PCIT therapist and trainer and is bilingual in Spanish and English.



Rana Hong, Ph.D., LCSW, RPT-S, is a PCIT Int'l Certified Within-Agency Trainer & Research Assistant Professor at Loyola University Chicago. She has nearly 8yrs of experience as a PCIT Therapist/Trainer & nearly 20 years of clinical experience in working with children & adolescents.



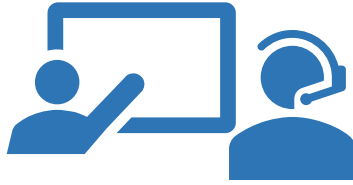
Dr. Reesa Donnelly Inc.



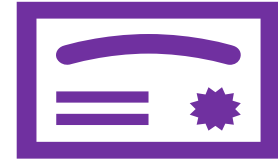
Pre-Requisites for Training:



Work w children 2-7yrs old
at your agency



PCIT Set up at your agency
(Toys, bug-in-ear, 1-way mirror
or video camera system)



Master's Degree in a Mental Health
field & Licensure (or supervision
from a licensed therapist)

Course Fees & Registration:



Course fees:

\$4,300 per person for 40h workshop, CE's, manuals, 6 session reviews, & 1y consult'n
Fees due 1 mo before training
If paying by Credit Card, 3% fee applies



Not Included:

Application for certification with PCIT Int'l is not covered: currently \$225
If >6 session reviews or >12 months are needed for competency, addit'l fees of \$150/hr apply



Registration:

Your training spot is held after you pay the training fee & submit registration form.
A courtesy consultation is offered prior to registering to answer ?s.



Cancellations:

If a cancellation is made >30 days prior to training, a 75% refund will be issued. For emergencies <30 days from training, no refund will be given but 75% of the fee may be applied to a future training.

Please contact Dr. Donnelly about a reduced rate if the course fee would be a financial hardship.

Requirements for Training Days:



You must be visible throughout training on Zoom (as if in person)



100% attendance at Part 1&2 is required for CE's & for PCIT Certification



There will be 15-30min of homework each day



You will need Legos/ blocks & crayons/paper on hand during training

Training Year Requirements:



Carry an ongoing PCIT caseload of ≥ 5 cases.
3 cases start 6/10/21



1 year of 2x Monthly Consultation by Zoom & Review of ≥ 4 Sessions



1hr weekly preparation

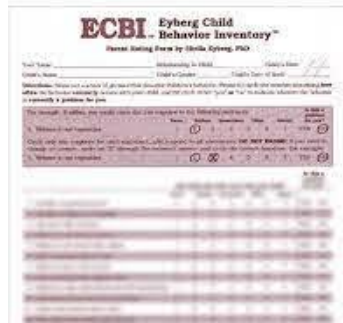


5+hrs per week for ≥ 5 PCIT cases



2hrs Monthly for Consultation by Zoom

Protected time for Trainee (6-8hrs weekly) to engage in PCIT & training



Ongoing purchase of ECBI's

<https://www.parinc.com/products/pkey/97>

	Case 1	Case 2	Case 3
Child's Name			
Age + Gender			
Ethnicity + Status			
Thompson's Status			
Sex			
Ethnicity			
Cultural Interest			
Background Info			
Parent Info			
Concept Info			
Medi			
Ref			
ix Plan			
Diagn			
Pre-ECBI			
ECBI	Integ	Integ	Integ
Notes	Notes	Notes	Notes
ECBI	Integ	Integ	Integ
Notes	Notes	Notes	Notes
DPICS PRE-Tx			
CDI TEACH			
CDI #1			
CDI #2			
CDI #3			
CDI #4			
CDI #5			
CDI #6			
CDI #7			
CDI #8			
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Fill out an ongoing case tracker (excel) for the Global trainer



Show competency in all skill requirements & graduate 2 PCIT cases

Please note: You will complete an Eval Form about training to receive CE's. At the end of the training year, applications for certification are submitted to PCIT Int'l. Final decisions about certification will be made by the PCIT Int'l. Additional information about the training requirements can be found at <http://www.pcit.org/trainer-requirements.html>. If the workshop has fewer than 8 registrants 30 days prior to training, there will be insufficient registration to conduct the training. In that case, participants will be notified that the workshop is cancelled and the full amount paid by the registrant will be refunded.

EDUCATIONAL OBJECTIVES:

At the conclusion of training, participants should be able to:

1. Describe the theoretical backgrounds that inform PCIT
2. Explain both the CDI teach and the PDI teach session to parents in treatment with fidelity to the essential components listed in the PCIT protocol (90% or higher to integrity checklist).
3. Show CDI skill mastery during role-play as a caregiver (10 praise, 10 descriptions, 10 reflections in 5 min role play).
4. Demonstrate effective implementation of the PDI sequence in role-play or live interactions (75% effective commands and 75% correct follow-through in a 5 min role play).
5. Coach parents effectively in use of the CDI skills and the PDI sequence with their child.
6. Achieve 80% coding reliability on the DPICS-IV coding system
7. Score and interpret the Eyberg Child Behavior Inventory (ECBI) and the Dyadic Parent-child Interaction Coding System (DPICS)

SYLLABUS: Agenda for PCIT Basic Training Workshop

(Note: Break times are approximate & vary based on Q&A. Lectures & role play may be swapped based on trainee's needs)

Day 1: (Thur June 10) Introduction to PCIT and CDI

Time	Activity	Materials
1 ½ hour (12:30-2:00pm)	Introduction to training	PPT: Introduction to training Training Binder Protocols and manuals Our Stories
15 min (2:00 - 2:15pm)	BREAK	
1 hr (2:15 - 3:15)	Relationship Enhancement Skills (CDI) PART 1 & 2	PPT: CDI PCIT Protocol
45 min (3:15 - 4:00pm)	CDI Role Play & "coding"	Toys + Timer that rings Break-out Rooms CDI Coding sheets
15 min (4:00 - 4:15pm)	BREAK	
45 min (4:15 - 5:00pm)	PCIT History & Theory Homework	PPT: PCIT History HW = Home practice of skills

Day 2: (Fri Jun 11) DPICS

Time	Activity	Materials
1 hour (12:30 -1:30pm)	Intro to DPICS	PPT: Intro to DPICS DPICS Manual and Workbook CDI Coding Sheets
30 min (1:30 - 2:00pm)	CDI Competency & Coding Reliability PART 1 (Rees = odd; Raq =even)	Toys +Timer + Google Excel (cloud) CDI Coding sheets + DPICS Manual 2 Breakouts per trainer (Break during other room coding)
15 min (2:00 - 2:15pm)	BREAK	
30 min (2:15 - 2:45pm)	CDI Competency & Coding Reliability PART 2	Toys + Timer CDI Coding sheets+ DPICS Manual 2 Breakouts per trainer (Break during other room coding)
30 min (2:45 - 3:15pm)	Beginning a case + THE Map	PPT: Beginning a PCIT case PCIT Protocol
30 min (3:15 - 3:45pm)	Cultural Considerations in DPICS & Intake	PPT: Cultural Considerations in CDI & Intake
15 min (3:45 - 4:00pm)	BREAK	
1 hour (4:00 - 5:00pm)	Session Assignments for BOTH Teach & DPICS -- Session Walk-Through (Pre-DPICS Assessment) Homework	DPICS Manual PCIT Protocol - Pg 10-14 Pre-DPICS Coding sheet HW = Assigned CDI Teach Segments DPICS WkBk "Review Quiz" 1-2, Video self as parent with a partner

Day 3: (Mon Jun 14) Teach Practice & Intro to Coaching

Time	Activity	Materials
1 hour (12:30-1:30pm)	CDI Teach Practice (Round Robin)	PCIT Protocol (trainer models #1 but still assigned for trainee) Cascading file organizer
30 min (1:30 - 2:00pm)	CDI Teach Review & Homework Review	PCIT Protocol
15 min (2:00 - 2:15pm)	BREAK	
30 min (2:15 - 2:45pm)	CDI Competency & Coding Reliability	Toys + Timer + Google Excel CDI Coding sheets+ DPICS Manual 2 rooms of 6 (assigned breakouts; 1 child, 1 parent, 4 coders, 1 Trainer)
1 hour (2:45 - 3:45pm)	Introduction to CDI Coaching	PPT: PCIT Coaching Basics Coaching ignore handouts Coaching layers cheat sheet
15 min (3:45 - 4:00pm)	BREAK	
1 hour (4:00 - 5:00pm)	Coaching practice Homework	Video+ Toys + Break out rooms Coaching layers cheat sheet HW= DPICS WkBk Review Quiz 3 & DPICS in Brief

Day 4: (Tue Jun 15) CDI Coaching sessions & PCIT Assessment

Time	Activity	Materials
15 min (12:30-12:45pm)	Homework Review DPICS practice	DPICS Manual & Workbook Coding video
45 min (12:45-1:30)	Session Walk-Through with Discussion (CDI 1)	PCIT Protocol + PPT, Cascading file organizer Coaching layers cheat sheet
30 min (1:30 - 2:00pm)	PCIT Assessment Measures	PPT: Assessment in PCIT ECBI, CBCL, BASC ECBI & Skills graphs
15 min (2:00 - 2:15pm)	BREAK	
1 hour (2:15-3:15)	Challenges in CDI	PPT: Case and coaching challenges
1 hr + 15 BREAK (3:15 - 4:30pm)	Harder Coaching practice (ignores, reluctant parent) & Competency Checks	Toys + Timer Coaching layers cheat sheet Break out rooms
15 min (3:45 - 4:00pm)	BREAK	
30 min (4:30-5:00)	Cultural Considerations in Assessment and Coaching Homework	PPT: Cultural Considerations in Assessment and Coaching HW= DPICS review quiz 4-6

Day 5: (Wed Jun 16) Tying CDI together & PCIT Research

Time	Activity	Materials
30 min (12:30 - 1:00pm)	Telehealth vs. Clinic Set-Up	PPT: PCIT via Telehealth
1 hour (1:00-2:00pm)	Session Walk-Through - (CDI 4)	PCIT Protocol Cascading file organizer CDI Coding sheets Coaching layers cheat sheet
15 min (2:00 - 2:15pm)	BREAK	
1 hour (2:15 - 3:15pm)	PCIT Research	PPT: PCIT Research
30 min (3:15 - 3:45pm)	CDI Competency & Coding Reliability	Toys + Timer + Google Excel CDI Coding sheets + DPICS Manual Up to 6 rooms - Individually record room or 2 rooms of 6, depending on where criteria is needed
15 min (3:45 - 4:00pm)	BREAK	
1 hour (4:00 - 5:00pm)	PCIT Resources, FAQ, Consultation, Q& A	PPT: Making the most out of PCIT

Part 2: Day 1 (Thurs July 22) - Intro to PDI (Teach)

Time	Activity	Materials
15 min (12:30 - 12:45)	PDI game	PDI game
1hr 15min (12:45 - 2:00)	Intro to PDI	PPT: Introduction to PDI
15 min (2:00 - 2:15pm)	BREAK	
1 hour (2:15-3:15)	PDI Role Play	Toys PDI Time Out Diagram cheat sheet Timer that rings
15 min (3:15 - 3:30)	PDI wording song (game)	PDI Time Out Diagram cheat sheet
15 min (3:30 - 3:45)	Round Robin Assignments & Timing	PCIT Protocol
15 min (3:45 - 4:00pm)	BREAK	
1 hour (4:00 - 5:00pm)	PDI Teach Practice (Round Robin) Homework	PCIT Protocol HW = Memorize PDI wording + DPICS WkBk Quiz (TBD)

Part 2: Day 2 (Fri July 23) - PDI Coaching & Set up

Time	Activity	Materials
30 min (12:30 - 1:00)	HW Review & Demo Explain PDI to child	PCIT protocol Mr. Bear, visual cards, "2 things to keep it short"
1 hour (1:00 - 2:00)	Intro PDI Coaching	PPT: PDI Coaching
15 min (2:00 - 2:15pm)	BREAK	
30 min (2:15 - 2:45pm)	Role play - Explaining PDI to child	PCIT Protocol Toys
1 hour (2:45 - 3:45pm)	Role play coaching	PCIT Protocol Toys Breakout Rooms
15 min (3:45 - 4:00pm)	BREAK	
30 min (4:00 - 4:30)	Room Layout & PDI in Telehealth	PPT: Room and Telehealth considerations in PDI
30 min (4:30 - 5:00pm)	PDI Tele-Walk-Through Homework	Sticky note to insert in Protocol HW = DPICS WkBk Quiz (TBD)

Part 2: Day 3 (Mon July 26) - PDI Coding & Coaching

Time	Activity	Materials
15 min (12:30 - 12:45)	HW Review	DPICS Manual & Workbook
30 min (12:45 - 1:15)	Memory Monday: CDI Coding	Coding videos CDI Coding Sheets
45 min (1:15 - 2:00)	PDI Coding	PPT: PDI Coding
15 min (2:00 - 2:15pm)	BREAK	
30 min (2:15 - 2:45pm)	PDI Demo + Coding Callout	PDI Time Out Diagram cheat sheet PDI Coding sheet
1 hour (2:45 - 3:45pm)	PDI Blitz	PDI Time Out Diagram cheat sheet PDI Coding sheet Timer that rings
15 min (3:45 - 4:00pm)	BREAK	
1 hour (4:00 - 5:00pm)	Session Walk-Through - (PDI 1) Homework	PCIT Protocol + Toys Cascading file organizer PDI Time Out Diagram cheat sheet HW = DPICS WkBk Quiz (TBD)

Part 2: Day 4 (Tue July 27)- PDI Challenges & Competency

Time	Activity	Materials
15 min (12:30 - 12:45)	Homework Review	DPICS Manual & Workbook
1 hour (12:45 - 1:45)	PDI Competency & Coding Reliability	Toys PDI Time Out Diagram cheat sheet PDI Coding sheet Timer that rings
15 min (1:45 - 2:00)	Turn back Tues - CDI Coding	Coding videos CDI Coding Sheets
15 min (2:00 - 2:15pm)	BREAK	
30 min (2:15 - 2:45pm)	Cultural Considerations in PDI	PPT: Cultural Considerations in PDI
30 min (2:45 - 3:15)	PDI Coaching Challenges	PPT: Tricky PDI Coaching
30 min (3:15-3:45)	Coaching practice & Assignments	PCIT Protocol PDI Time Out Diagram cheat sheet
15 min (3:45 - 4:00pm)	BREAK	
1 hour (4:00 - 5:00pm)	Session Walk -Through (PDI 2)	PCIT Protocol + Toys Cascading file organizer PDI Time Out Diagram cheat sheet HW = DPICS WkBk Quiz (TBD)

Part 2: Day 5 (Wed July 28)- Later Stages & Tying it together

Time	Activity	Materials
15 min (12:30 - 12:45)	HW review	Discuss Role-play in PDI 2 and HW when no T-O
30 min (12:45 - 1:15)	House Rules, Public Behavior, Sibling Sessions	PPT: Later Stages of PCIT PCIT Protocol
45 min (1:15 - 2:00)	HR & PB (Round Robin)	PCIT Protocol
15 min (2:00 - 2:15pm)	BREAK	
1 hour (2:15-3:15)	Session walk through - Sibling Session / HR	PCIT Protocol
30 min (3:15-3:45)	Grad criteria & Grad Session	PCIT Protocol
15 min (3:45 - 4:00pm)	BREAK	
1 hour (4:00 - 5:00pm)	Final Q&A Training Graduation Evals	PPT: Week-in-Review Slideshow Group Screen Shot

The Fine Print:

PROGRAM DESCRIPTION:

This 40-hour basic training for PCIT therapists will focus on development of skills to implement Parent-Child Interaction Therapy (PCIT) in community settings. PCIT is a nationally-recognized, evidence-based parent management program for families who have children with externalizing behavior problems. The program is unique in comparison to other parent management programs in that it involves coaching parents as they interact with their young child (ages 2 to 7 years). There are two phases to PCIT: Child-Directed Interaction (CDI) and Parent-Directed Interaction (PDI). For each phase, parents attend one didactic session without their child present during which the PCIT therapist reviews with the parent specific skills that will be 'coached' in subsequent sessions. This didactic session is used to build rapport as well as to provide detailed descriptions and rationales for each skill. Each skill is modeled for and role-played with parents to facilitate their learning. Following the initial didactic session, parents and children attend weekly sessions, in which the parents are coached in how to apply in real time the skills that they were taught.

The first half of training will focus on the first phase of PCIT, Child-Directed Interaction. Topics will include history and overview of PCIT, theoretical and research underpinnings of PCIT, how to code parent-child interactions using the Dyadic Parent-Child Interaction Coding System –Fourth Edition (DPICS-IV), how to effectively teach parents the PRIDE skills and avoid skills, and how to effectively coach parents in the use of differential social attention and use of the PRIDE skills. Emphasis will be placed on therapists acquiring mastery of the PRIDE skills and coding skills, as well as developing comfort in live coaching through role-plays.

The second half of training will focus on the second part of PCIT, Parent-Directed Interaction. Topics will include how therapists can facilitate parents learning to: 1) give effective commands, 2) teach their child how to sit on a time-out chair, 3) manage child behavior in situations that mirror home discipline situations (e.g., having to clean up toys, working on academic tasks, walking through the building at the

parent's side, interacting with siblings). Emphasis will be placed on mastering PDI skills in role play and in coaching parents to use the discipline techniques.

Throughout training, strategies and considerations for tailoring PCIT to diverse cultural populations will be explained based on findings from the current PCIT literature. In addition, research regarding outcomes for diverse populations will be explored. The format of training will be face-to-face didactics, role play, video review, and worksheet practice.

PRESENTERS:

Reesa Donnelly, Ph.D., PCIT International Certified Global Trainer
Contact information: donnellyr@gmail.com
Affiliated Agency: Dr. Reesa Donnelly Inc.

Dr. Donnelly's clinical work focuses on families with young children experiencing behavior problems, with a specialization in Parent-Child Interaction Therapy and Cognitive Behavioral Therapies. She served as research coordinator for an R01 research grant investigating PCIT for children with ADHD. She has served in leadership roles for Parent-Child Interaction Therapy (Chair of Continuing Education Task Force, Ad Hoc member of the Advisory Board, member of the Policy and Advocacy Task Force, and Convention coordinator for the 2011 PCIT convention). She is trained in adaptations of PCIT including PCIT-Toddler, PCIT-CALM (Coaching Approach behavior and Leading by Modeling), CARE (Child-Adult Relationship Enhancement), and CARE in the Classroom.

Rana Hong, Ph.D., LCSW, RPT-S, PCIT Int'l Certified Within-Agency Trainer
Affiliated Agency: Loyola University, Chicago

Dr. Hong is a PCIT Int'l Certified Within Agency Trainer who has worked with children and families with issues of attachment, trauma, and emotional dysregulation. She has over 20 years of clinical experience. She is a Registered Play Therapy Supervisor, Certified EMDR Therapist, and Certified Theraplay Practitioner, Supervisor, and Trainer.

Miya Barnett, PhD, PCIT International Within-Agency Trainer
Contact information: mbarnett@ucsb.edu
Affiliated Agency: University of California, Santa Barbara

Dr. Barnett is an Assistant Professor at the University of California, Santa Barbara and director of the UCSB PCIT Clinic and PADRES Research Lab. As a bilingual clinician and trainer, her work focuses on improving access to high quality services for Spanish-speaking, Latinx families through the implementation of evidence-based practices, including PCIT, within community settings. Her community-partnered research to increase access to PCIT for Latinx families has been funded by the NIMH. She also serves as the Chair of the PCIT International Policy and Advocacy Task Force, which focuses on addressing barriers to implementing PCIT within community settings.

TARGET AUDIENCE: Masters- or doctoral-level, mental health practitioners who are currently licensed in their state or under supervision of a licensed practitioner will be eligible to participate. Participants must treat families with young children experiencing disruptive behavior, be able to set up equipment and space according to PCIT specifications, carry an ongoing caseload of at least 6 PCIT cases, and be willing to commit to the year-long consultation and video-review process. This material is intended for **beginner level** audiences.

LIMITATIONS/RISKS: The risks associated with this training are low. Most common risks include stress that may occur when attempting to achieve skill competency, which will be guarded against through ample role play and consultation. Another possible mild risk is managing the stress while implementing the discipline sequence in sessions with a highly disruptive child. This will be ameliorated through ongoing case consultation. Limitations of the content include limits to the populations that are served through this treatment modality (e.g., this treatment is not used with children aged 7 years or older).

ACCOMODATIONS: Participants who need accommodations for disability will gladly be assisted. For any accommodations needed, please email Reesa Donnelly at donnellyr@gmail.com 3 weeks prior to training.

GRIEVANCES: Should a participant wish to file a grievance regarding this continuing education experience, s/he may email pcit.ce@gmail.com or mail to: PCIT CE, 22713 NW 191st Lane, High Springs, FL 32643 to submit a complaint or to ask additional questions.

DISCLOSURES & COMMERCIAL SUPPORT: There are no commercial supports that could be construed as a conflict of interest. None of the trainers receive commercial support for this training nor have conflicts of interest or commercial interest for this training including grants/research support. None of the trainers have stock, receives honorarium, or is an employee of a commercial interest organization.

CONTINUING EDUCATION CREDIT

PSYCHOLOGISTS

40 APA & PCIT CEs pending approval from PCIT Int'l:

PCIT International, Inc is approved by the American Psychological Association to offer continuing education for psychologists. PCIT International, Inc maintains responsibility of this program and its content. This program is being offered for 40 continuing education credits. Certificates of Continuing Education will be sent via email from PCIT International after course completion and submission of course evaluations.
